

**Date reviewed December 2021**

**Date adopted February 2022**

**Table of Contents:**

ADULT HEALTH

INFECTIOUS DISEASE

PEDIATRIC/ADOLESCENT HEALTH

SUBSTANCE USE

WOMENS HEALTH

OTHER-TECHNOLOGY

Condition/Disease	Guideline Title	Recognized Source(s)	URL
<b>ADULT HEALTH</b> <a href="#">Return to table of contents</a>			
<b>Alzheimer's Disease/ Dementia</b>	Practice Guideline for the Treatment of Patients with Alzheimer's Disease and Other Dementias (Guideline Watch October 2014)	American Psychiatric Association (APA)	<a href="https://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/alzheimerwatch.pdf">https://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/alzheimerwatch.pdf</a>
	American Psychiatric Association Practice Guideline on the Use of Antipsychotics to Treat	American Psychiatric Association	<a href="https://psychiatryonline.org/doi/pdf/10.1176/appi.books.9780890426807">https://psychiatryonline.org/doi/pdf/10.1176/appi.books.9780890426807</a>

Updated:

Commercial/Exchange Quality Improvement Committee (CEQIC)

Quality Improvement Committee (QIC)

Clinical Practice Guidelines (CPGs) are applicable to all lines of business (LOBs)

<https://provider.healthybluemo.com>

Healthy Blue is a Medicaid product offered by Missouri Care, Inc., a MO HealthNet Managed Care health plan contracting with the Missouri Department of Social Services. Healthy Blue is administered statewide by Missouri Care, Inc. and administered in the Kansas City service region by Missouri Care, Inc. in cooperation with Blue Cross and Blue Shield of Kansas City. Missouri Care, Inc. and Blue Cross and Blue Shield of Kansas City are both independent licensees of the Blue Cross and Blue Shield Association.

BMOPEC-0904-22 June 2022

**Date reviewed December 2021**  
**Date adopted February 2022**

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Agitation or Psychosis in Patients with Dementia (July 2018)		
<b>Anxiety</b>	Anxiety Disorders (Last Revised July 2018)	National Institute of Mental Health (NIMH)	<a href="http://www.nimh.nih.gov/health/publications/anxiety-disorders/treatment-of-anxiety-disorders.shtml">http://www.nimh.nih.gov/health/publications/anxiety-disorders/treatment-of-anxiety-disorders.shtml</a>
<b>Asthma</b>	Guidelines for the Diagnosis and Management of Asthma (EPR-3) (August 2007)  2020 Focused Updates to the Asthma Management Guidelines: A Report from the National Asthma Education and Prevention Program Coordinating Committee Expert Panel Working Group	National Heart, Lung and Blood Institute (NHLBI)	<a href="https://www.nhlbi.nih.gov/health-topics/guidelines-for-diagnosis-management-of-asthma">https://www.nhlbi.nih.gov/health-topics/guidelines-for-diagnosis-management-of-asthma</a>  <a href="https://www.nhlbi.nih.gov/health-topics/all-publications-and-resources/2020-focused-updates-asthma-management-guidelines">https://www.nhlbi.nih.gov/health-topics/all-publications-and-resources/2020-focused-updates-asthma-management-guidelines</a>
	Asthma Clinical Practice Guidelines (2021)	Global Initiative for Asthma (GINA)	<a href="https://ginasthma.org/">https://ginasthma.org/</a>
<b>Behavioral Health Screening,</b>	The American Psychiatric Association Practice Guidelines for the	American Psychiatric Association (APA)	<a href="https://psychiatryonline.org/doi/full/10.1176/appi.books.9780890426760.pe02">https://psychiatryonline.org/doi/full/10.1176/appi.books.9780890426760.pe02</a>

Updated:  
 Commercial/Exchange Quality Improvement Committee (CEQIC)  
 Quality Improvement Committee (QIC)  
 Clinical Practice Guidelines (CPGs) are applicable to all lines of business (LOBs)

**Date reviewed December 2021**  
**Date adopted February 2022**

Healthy Blue  
 2022 Clinical Practice Guidelines  
 Page 3 of 27

Condition/Disease	Guideline Title	Recognized Source(s)	URL
<b>Assessment and Treatment</b>	Psychiatric Evaluation of Adults 3rd Edition (August 2015)		
<b>Bipolar Disorder*</b> *addresses diagnosis and treatment of bipolar disorder in special populations such as children and adolescents	CANMAT and International Society for Bipolar Disorders (ISBD) 2018 Guidelines for the Management of Patients with Bipolar Disorder	Canadian Network for Mood and Anxiety Treatments (CANMAT)	<a href="https://www.canmat.org/2019/03/27/2018-bipolar-guidelines/">https://www.canmat.org/2019/03/27/2018-bipolar-guidelines/</a>
<b>Coronary Artery Disease (CAD)</b>	AHA / ACCF Secondary Prevention and Risk Reduction Therapy for Patients with Coronary and Other Atherosclerotic Vascular Disease (November 2011 Update)	American Heart Association/ American College of Cardiology Foundation (AHA/ACCF)	<a href="https://www.ahajournals.org/doi/pdf/10.1161/CIR.0b013e318235eb4d">https://www.ahajournals.org/doi/pdf/10.1161/CIR.0b013e318235eb4d</a>
	Treatment of Hypertension in Patients with Coronary Artery Disease (March 2015)	American Heart Association, American College of Cardiology, and American Society of Hypertension	<a href="https://www.ahajournals.org/doi/pdf/10.1161/CIR.0000000000000207">https://www.ahajournals.org/doi/pdf/10.1161/CIR.0000000000000207</a>
	AHA/ACCF Secondary Prevention and Risk	American Heart Association and American College of Cardiology Foundation	<a href="https://www.ahajournals.org/doi/pdf/10.1161/CIR.0b013e318235eb4d">https://www.ahajournals.org/doi/pdf/10.1161/CIR.0b013e318235eb4d</a>

Updated:  
 Commercial/Exchange Quality Improvement Committee (CEQIC)  
 Quality Improvement Committee (QIC)  
 Clinical Practice Guidelines (CPGs) are applicable to all lines of business (LOBs)

**Date reviewed December 2021**  
**Date adopted February 2022**

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Reduction Therapy for Patients with Coronary and Other Atherosclerotic Vascular Disease: 2011 Update		
	Effectiveness-Based Guidelines for the Prevention of Cardiovascular Disease in Women — 2011 Update (February 2011)	American Heart Association (AHA)	<a href="https://www.ahajournals.org/doi/pdf/10.1161/CIR.0b013e31820faaf8">https://www.ahajournals.org/doi/pdf/10.1161/CIR.0b013e31820faaf8</a>
	ACC/AHA Guideline on the Primary Prevention of Cardiovascular Disease (2019)	American College of Cardiology/American Heart Association (ACC/AHA)	<a href="https://www.jacc.org/doi/pdf/10.1016/j.jacc.2019.03.010">https://www.jacc.org/doi/pdf/10.1016/j.jacc.2019.03.010</a>
	AHA/ACC/ASE/CHEST/SAEM/SCCT/SCMR Guideline for the Evaluation and Diagnosis of Chest Pain (2021)	American College of Cardiology/American Heart Association/Society of Cardiovascular Computed Tomography/Society for Academic Emergency Medicine/Society for Cardiovascular Magnetic Resonance/American College of Chest Physicians/American Society of Echocardiography/American Heart	<a href="https://www.jacc.org/doi/pdf/10.1016/j.jacc.2021.07.053">https://www.jacc.org/doi/pdf/10.1016/j.jacc.2021.07.053</a>
	ACC/AHA/SCAI Guideline for Coronary Artery Revascularization (2021)	American College of Cardiology/American Heart Association/Society for	<a href="https://www.jacc.org/doi/10.1016/j.jacc.2021.09.006?_ga=2.60669549.1356655696.1641505900-317854238.1639608139">https://www.jacc.org/doi/10.1016/j.jacc.2021.09.006?_ga=2.60669549.1356655696.1641505900-317854238.1639608139</a>

Updated:  
 Commercial/Exchange Quality Improvement Committee (CEQIC)  
 Quality Improvement Committee (QIC)  
 Clinical Practice Guidelines (CPGs) are applicable to all lines of business (LOBs)

**Date reviewed December 2021**  
**Date adopted February 2022**

Condition/Disease	Guideline Title	Recognized Source(s)	URL
		Cardiovascular Angiography and Interventions	
<b>Celiac Disease</b>	ACG Clinical Guidelines: Diagnosis and Management of Celiac Disease (April 2013)	American College of Gastroenterology	<a href="#">ACG Celiac 2013</a>
<b>Chronic Kidney Disease (CKD)</b>	The National Kidney Foundation Kidney Disease Outcomes Quality Initiative (NKF KDOQI) <sup>™</sup> Evidence-Based Clinical Practice Guidelines for All Stages of Chronic Kidney Disease (CKD) and Related Complications	National Kidney Foundation	<a href="https://www.kidney.org/professionals/guidelines/guidelines_commentaries">https://www.kidney.org/professionals/guidelines/guidelines_commentaries</a>
	Chronic Kidney Disease: Detection and Evaluation (2017)	American Academy of Family Physicians (AAFP)	<a href="https://www.aafp.org/afp/2017/1215/p776.html">https://www.aafp.org/afp/2017/1215/p776.html</a>
	National Chronic Kidney Disease Fact Sheet (2017)	Centers for Disease Control and Prevention (CDC)	<a href="https://www.cdc.gov/diabetes/pubs/pdf/kidney_factsheet.pdf">https://www.cdc.gov/diabetes/pubs/pdf/kidney_factsheet.pdf</a>
	KDIGO (Kidney Disease Improving Global	International Society of Nephrology	<a href="https://kdigo.org/guidelines/ckd-evaluation-and-management/">https://kdigo.org/guidelines/ckd-evaluation-and-management/</a>

Updated:  
 Commercial/Exchange Quality Improvement Committee (CEQIC)  
 Quality Improvement Committee (QIC)  
 Clinical Practice Guidelines (CPGs) are applicable to all lines of business (LOBs)

**Date reviewed December 2021**  
**Date adopted February 2022**

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	<p>Outcomes) 2012 Clinical Practice Guideline for the Evaluation and Management of Chronic Kidney Disease (January 2013)</p> <p>KDIGO (Kidney Disease Improving Global Outcomes) 2017 Clinical Practice Guideline for the Evaluation and Management of Chronic Kidney Disease (July 2017)</p>	International Society of Nephrology	<a href="https://kdigo.org/wp-content/uploads/2017/02/2017-KDIGO-CKD-MBD-GL-Update.pdf">https://kdigo.org/wp-content/uploads/2017/02/2017-KDIGO-CKD-MBD-GL-Update.pdf</a>
<b>Chronic Obstructive Pulmonary Disease (COPD)</b>	Global Strategy for the Diagnosis, Management and Prevention of Chronic Obstructive Pulmonary Disease (2020)	Global Initiative for Chronic Obstructive Lung Disease (GOLD)	<a href="http://goldcopd.org/gold-reports/">http://goldcopd.org/gold-reports/</a>
<b>Depression</b>	Depression in Adults: Screening (January 2016)	U.S. Preventive Services Task Force (USPSTF)	<a href="https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/depression-in-adults-screening">https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/depression-in-adults-screening</a>
	CANMAT Clinicians Guidelines 2016 Depression Guidelines	Canadian Network for Mood and Anxiety Treatments (CANMAT)	<a href="https://www.canmat.org/2019/03/17/2016-depression-guidelines/">https://www.canmat.org/2019/03/17/2016-depression-guidelines/</a>

Updated:  
 Commercial/Exchange Quality Improvement Committee (CEQIC)  
 Quality Improvement Committee (QIC)  
 Clinical Practice Guidelines (CPGs) are applicable to all lines of business (LOBs)

Date reviewed December 2021  
Date adopted February 2022

Healthy Blue  
2022 Clinical Practice Guidelines  
Page 7 of 27

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Nonpharmacologic Versus Pharmacologic Treatment of Adult Patients with Major Depressive Disorder: A Clinical Practice Guideline from the American College of Physicians (2016)	American College of Physicians (ACP)	<a href="https://annals.org/aim/fullarticle/2490527/nonpharmacologic-versus-pharmacologic-treatment-adult-patients-major-depressive-disorder-clinical?_ga=2.240375883.977749235.1576523219-1562492790.1557437793">https://annals.org/aim/fullarticle/2490527/nonpharmacologic-versus-pharmacologic-treatment-adult-patients-major-depressive-disorder-clinical?_ga=2.240375883.977749235.1576523219-1562492790.1557437793</a>
	Depression in Adults: Recognition and Management Clinical Guideline CG90 (Updated April 2018).	National Collaborating Centre for Mental Health <i>commissioned by the</i> National Institute for Health & Clinical Excellence	<a href="https://www.nice.org.uk/guidance/cg90">https://www.nice.org.uk/guidance/cg90</a>
<b>Diabetes</b>	Standards of Medical Care in Diabetes (January 2022)	American Diabetes Association (ADA)	<a href="https://diabetesjournals.org/care/issue/45/Supplement_1">https://diabetesjournals.org/care/issue/45/Supplement_1</a>
<b>Gender-Dysphoria/ Incongruence</b>	Endocrine Treatment of Gender-Dysphoric/Gender-Incongruent Persons: An Endocrine Society* Clinical Practice Guideline (September 2017)	The Endocrine Society	<a href="https://academic.oup.com/jcem/article/102/11/3869/4157558?login=true">https://academic.oup.com/jcem/article/102/11/3869/4157558?login=true</a>

Updated:  
Commercial/Exchange Quality Improvement Committee (CEQIC)  
Quality Improvement Committee (QIC)  
Clinical Practice Guidelines (CPGs) are applicable to all lines of business (LOBs)

**Date reviewed December 2021**  
**Date adopted February 2022**

Healthy Blue  
 2022 Clinical Practice Guidelines  
 Page 8 of 27

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Correction to Clinical Practice Guideline (February 2018)  Correction to Clinical Practice Guideline (July 2018)		<a href="https://academic.oup.com/jcem/article/103/2/699/4675081">https://academic.oup.com/jcem/article/103/2/699/4675081</a>  <a href="https://academic.oup.com/jcem/article/103/7/2758/5036711">https://academic.oup.com/jcem/article/103/7/2758/5036711</a>
<b>Fall Risk</b>	Falls Prevention in Community-Dwelling Older Adults: Interventions	U.S. Preventive Services Task Force (USPSTF)	<a href="https://www.uspreventiveservicestaskforce.org/Page/Document/RecommendationStatementFinal/falls-prevention-in-older-adults-interventions1">https://www.uspreventiveservicestaskforce.org/Page/Document/RecommendationStatementFinal/falls-prevention-in-older-adults-interventions1</a>
	Evidence-Based Falls Prevention Programs: Resources for Professionals and Advocates	National Council on Aging	<a href="https://www.ncoa.org/older-adults/health/prevention/falls-prevention">https://www.ncoa.org/older-adults/health/prevention/falls-prevention</a>
<b>Heart Failure (HF)</b>	2013 ACCF/AHA Guideline for the Management of Heart Failure: A Report of the American College of Cardiology Foundation/American Heart Association Task Force on Practice Guidelines (October 2013)	American College of Cardiology Foundation/American Heart Association Task Force on Practice Guidelines/Heart Failure Society of America (ACCF/AHA/HFSA)	<a href="https://www.jacc.org/doi/pdf/10.1016/j.jacc.2013.05.019">https://www.jacc.org/doi/pdf/10.1016/j.jacc.2013.05.019</a>

Updated:  
 Commercial/Exchange Quality Improvement Committee (CEQIC)  
 Quality Improvement Committee (QIC)  
 Clinical Practice Guidelines (CPGs) are applicable to all lines of business (LOBs)



**Date reviewed December 2021**  
**Date adopted February 2022**

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	ACCF/AHA/HFSA Guideline for the Management of Heart Failure (Focused Update 2017)		<a href="http://www.onlinejacc.org/content/70/6/776?_ga=2.23313085.667318568.1514996759-679389624.1511900706">http://www.onlinejacc.org/content/70/6/776?_ga=2.23313085.667318568.1514996759-679389624.1511900706</a>
<b>Hyperlipidemia</b>	2018 AHA/ACC/AACVPR/A APA/ABC/ACPM/ADA/ AGS/APhA/ASPC/NLA /PCNA Guideline on the Management of Blood Cholesterol (October 2018)	American College of Cardiology/American Heart Association/American Association of Cardiovascular and Pulmonary Rehabilitation/American Academy of Physician Assistants/Association of Black Cardiologists/American College of Preventive Medicine/American Diabetes Association/American Geriatrics Society/American Pharmacists Association/American Society of Preventive Cardiology/National Lipid Association/Preventive Cardiovascular Nurses Association (ACC/AHA/AACVPR/AAPA/ABC/ACPM/AD A/AGS/APhA/ASPC/NLA/PCNA)	<a href="https://www.jacc.org/doi/epdf/10.1016/j.jacc.2018.11.003">https://www.jacc.org/doi/epdf/10.1016/j.jacc.2018.11.003</a>
<b>Hypertension</b>	ACC/AHA/AAPA/ABC/AC PM/AGS/APhA/ASH/ASP C/NMA/PCNA Guideline for the Prevention, Detection, Evaluation,	American College of Cardiology (ACC)/ American Heart Association (AHA)/ American Academy of Physician Assistants (AAPA)/Association of Black Cardiologists (ABC)/American College of Preventive	<a href="http://www.onlinejacc.org/content/early/2017/11/04/j.jacc.2017.11.006?sso=1&amp;sso_redirect_count=1&amp;access_token=">http://www.onlinejacc.org/content/early/2017/11/04/j.jacc.2017.11.006?sso=1&amp;sso_redirect_count=1&amp;access_token=</a>

Updated:  
 Commercial/Exchange Quality Improvement Committee (CEQIC)  
 Quality Improvement Committee (QIC)  
 Clinical Practice Guidelines (CPGs) are applicable to all lines of business (LOBs)

**Date reviewed December 2021**  
**Date adopted February 2022**

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	and Management of High Blood Pressure in Adults (November 2017)  Correction to Guideline (May 2018)	Medicine (ACPM)/American Geriatrics Society (AGS)/American Pharmacists Association (APhA)/American Society of Hypertension (ASH)/American Society for Preventive Cardiology (ASPC)/National Medical Association (NMA)/Preventive Cardiovascular Nurses Association (PCNA)	<a href="http://www.onlinejacc.org/content/71/19/2275">http://www.onlinejacc.org/content/71/19/2275</a>
<b>Low Back Pain</b>	Noninvasive Treatments for Acute, Subacute, and Chronic Low Back Pain: A Clinical Practice Guideline from the American College of Physicians (2017)	American College of Physicians (ACP)	<a href="https://annals.org/aim/fullarticle/2603228/noninvasive-treatments-acute-subacute-chronic-low-back-pain-clinical-practice?_ga=2.247433220.1028399561.1575492235-1562492790.1557437793">https://annals.org/aim/fullarticle/2603228/noninvasive-treatments-acute-subacute-chronic-low-back-pain-clinical-practice?_ga=2.247433220.1028399561.1575492235-1562492790.1557437793</a>
<b>Obesity</b>	Weight Loss to Prevent Obesity-Related Morbidity and Mortality in Adults: Behavioral Interventions (September 2018)	U.S. Preventive Services Task Force (USPSTF)	<a href="https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/obesity-in-adults-interventions">https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/obesity-in-adults-interventions</a>
	AHA /ACC /TOS Guideline for the Management of Overweight and Obesity in Adults (November 2013)	American College of Cardiology (ACC)/ American Heart Association (AHA) Task Force on Practice Guidelines and The Obesity Society (TOS)	<a href="http://circ.ahajournals.org/content/early/2013/11/11/01.cir.0000437739.71477.ee">http://circ.ahajournals.org/content/early/2013/11/11/01.cir.0000437739.71477.ee</a>

Updated:  
 Commercial/Exchange Quality Improvement Committee (CEQIC)  
 Quality Improvement Committee (QIC)  
 Clinical Practice Guidelines (CPGs) are applicable to all lines of business (LOBs)

Condition/Disease	Guideline Title	Recognized Source(s)	URL
<b>Oppositional Defiant Disorder (ODD)</b>	Common Questions about Oppositional Defiant Disorder (April 2016)	American Academy of Family Physicians (AAFP)	<a href="https://www.aafp.org/afp/2016/0401/p586.pdf">https://www.aafp.org/afp/2016/0401/p586.pdf</a>
<b>Posttraumatic Stress Disorder</b>	Clinical Practice Guideline for the Treatment of Posttraumatic Stress Disorder (PTSD) in Adults (February 2017)	American Psychological Association (APA)	<a href="https://www.apa.org/ptsd-guideline">https://www.apa.org/ptsd-guideline</a>
	VA/DOD Clinical Practice Guideline for the Management of Posttraumatic Stress Disorder and Acute Stress Disorder (V3.2017)	Department of Veterans Affairs Department of Defense: The Management of Posttraumatic Stress Disorder Work Group	<a href="https://www.healthquality.va.gov/guidelines/MH/ptsd/VADoDPTSDCPGFinal012418.pdf">https://www.healthquality.va.gov/guidelines/MH/ptsd/VADoDPTSDCPGFinal012418.pdf</a>
	PTSD Screening Instruments	Department of Veterans Affairs: PTSD: National Center for PTSD	<a href="https://www.ptsd.va.gov/professional/assessment/screens/index.asp">https://www.ptsd.va.gov/professional/assessment/screens/index.asp</a>
<b>Rheumatoid Arthritis</b>	American College of Rheumatology: Referral Guidelines (August 2015)	American College of Rheumatology (ACR)	<a href="https://www.rheumatology.org/Portals/0/Files/Referral%20Guidelines.pdf">https://www.rheumatology.org/Portals/0/Files/Referral%20Guidelines.pdf</a>

Updated:  
Commercial/Exchange Quality Improvement Committee (CEQIC)  
Quality Improvement Committee (QIC)  
Clinical Practice Guidelines (CPGs) are applicable to all lines of business (LOBs)

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	2015 American College of Rheumatology Guideline for the Treatment of Rheumatoid Arthritis (October 2015)		<a href="https://www.rheumatology.org/Portals/0/Files/ACR%202015%20RA%20Guideline.pdf">https://www.rheumatology.org/Portals/0/Files/ACR%202015%20RA%20Guideline.pdf</a>
<b>Schizophrenia</b>	Treatment Guidelines: Schizophrenia	Page maintained by the College of Psychiatric & Neurologic Pharmacists (CPNP). Sources include, but not limited to: <ul style="list-style-type: none"> <li>• Agency for Health Research and Quality (AHRQ)</li> <li>• American Academy of Child &amp; Adolescent Psychiatry</li> <li>• American Psychiatric Association (APA)</li> <li>• Canadian Psychiatric Association</li> <li>• National Institute for Health and Clinical Excellence (NICE) Guidelines</li> </ul>	<a href="https://cpnp.org/guideline/external/schizophrenia">https://cpnp.org/guideline/external/schizophrenia</a>
<b>Sickle Cell Anemia</b>	Evidence-Based Management of Sickle Cell Disease: Expert Panel Report (September 2014)	National Heart, Lung, Blood Institute (NHLBI)	<a href="https://www.nhlbi.nih.gov/health-topics/evidence-based-management-sickle-cell-disease">https://www.nhlbi.nih.gov/health-topics/evidence-based-management-sickle-cell-disease</a>
<b>Suicide Risk</b>	SAFE-T: Suicide Assessment Five Step Evaluation and Triage	Suicide Prevention Resource Center (SPRC)	<a href="https://www.sprc.org/resources-programs/suicide-assessment-five-step-evaluation-and-triage-safe-t-pocket-card">https://www.sprc.org/resources-programs/suicide-assessment-five-step-evaluation-and-triage-safe-t-pocket-card</a>

Updated:  
Commercial/Exchange Quality Improvement Committee (CEQIC)  
Quality Improvement Committee (QIC)  
Clinical Practice Guidelines (CPGs) are applicable to all lines of business (LOBs)

**Date reviewed December 2021**  
**Date adopted February 2022**

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Assessment and Management of Patients at Risk for Suicide (2019)	Veterans Administration/Department of Defense (VA/DoD)	<a href="https://www.healthquality.va.gov/guidelines/mh/srb/index.asp">https://www.healthquality.va.gov/guidelines/mh/srb/index.asp</a>
<b>Surgery</b>	Surgical Technical Evidence Review for Gynecologic Surgery Conducted for the Agency for Healthcare Research and Quality Safety Program for Improving Surgical Care and Recovery (December 2018)	Agency for Healthcare Research and Quality (AHRQ)	<a href="https://www.ajog.org/article/S0002-9378(18)30583-0/pdf">https://www.ajog.org/article/S0002-9378(18)30583-0/pdf</a>
	Surgical Technical Evidence Review for Colorectal Surgery Conducted for the AHRQ Safety Program for Improving Surgical Care and Recovery (October 2017)	AHRQ	<a href="https://pubmed.ncbi.nlm.nih.gov/28797562/">https://pubmed.ncbi.nlm.nih.gov/28797562/</a>
	Surgical Technical Evidence Review for Elective Total Joint Replacement Conducted	AHRQ	<a href="https://journals.sagepub.com/doi/pdf/10.1177/2151458518754451">https://journals.sagepub.com/doi/pdf/10.1177/2151458518754451</a>

Updated:  
 Commercial/Exchange Quality Improvement Committee (CEQIC)  
 Quality Improvement Committee (QIC)  
 Clinical Practice Guidelines (CPGs) are applicable to all lines of business (LOBs)

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	for the AHRQ Safety Program for Improving Surgical Care and Recovery (February 2018)		
<b>Trauma Care</b>	A Treatment Improvement Protocol: Trauma-Informed Care in Behavioral Health Services (2014)  Trauma-Informed Care in Behavioral Health Services: Treatment Improvement Protocol (TIP) Series	Substance Abuse and Mental Health Services Administration (SAMHSA)	<a href="https://store.samhsa.gov/product/Trauma-Informed-Care-in-Behavioral-Health-Services/SMA15-4420">https://store.samhsa.gov/product/Trauma-Informed-Care-in-Behavioral-Health-Services/SMA15-4420</a>  <a href="https://store.samhsa.gov/?f[0]=series:5568">https://store.samhsa.gov/?f[0]=series:5568</a>
<b>INFECTIOUS DISEASE</b> <a href="#">Return to Table of Contents</a>			
<b>Chlamydia/ Human Papillomavirus (HPV)</b>	Sexually Transmitted Diseases Treatment Guidelines (2021)	Center for Disease Control and Prevention (CDC)	<a href="https://www.cdc.gov/std/default.htm">https://www.cdc.gov/std/default.htm</a>
<b>Hepatitis B</b>	AASLD Guidelines for Treatment of Chronic Hepatitis B (August 2015)	American Association for the Study of Liver Diseases (AASLD)	<a href="https://www.aasld.org/sites/default/files/2019-06/Terrault_et_al-2016-Hepatology.pdf">https://www.aasld.org/sites/default/files/2019-06/Terrault_et_al-2016-Hepatology.pdf</a>

Updated:  
Commercial/Exchange Quality Improvement Committee (CEQIC)  
Quality Improvement Committee (QIC)  
Clinical Practice Guidelines (CPGs) are applicable to all lines of business (LOBs)

**Date reviewed December 2021**  
**Date adopted February 2022**

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Update on Prevention, Diagnosis, and Treatment of Chronic Hepatitis B: AASLD 2018 Hepatitis B Guidance (Jan 2018)		<a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5975958/pdf/nihms957253.pdf">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5975958/pdf/nihms957253.pdf</a>
<b>Hepatitis C</b>	HCV Guidance: Recommendations for Testing, Managing and Treating Hepatitis C	Infectious Diseases Society of America (IDSA)/ American Association for the Study of Liver Disease (AASLD)	<a href="http://www.hcvguidelines.org/">http://www.hcvguidelines.org/</a>
	Guidelines for the Screening, Care and Treatment of Persons with Chronic Hepatitis C Infection (April 2016)	World Health Organization (WHO)	<a href="http://apps.who.int/iris/bitstream/handle/10665/205035/9789241549615_eng.pdf;jsessionid=569946A6B8399B8CED0D09D7F7A9BD3C?sequence=1">http://apps.who.int/iris/bitstream/handle/10665/205035/9789241549615_eng.pdf;jsessionid=569946A6B8399B8CED0D09D7F7A9BD3C?sequence=1</a>
<b>HIV/AIDS</b>	Primary Care Guidelines for the Management of Persons Infected with HIV: 2013 Update by the HIV Medicine Association of the Infectious Diseases Society of America (November 2013)	HIV Medicine Association of the Infectious Diseases Society of America (IDSA)	<a href="https://www.idsociety.org/globalassets/idsa/practice-guidelines/primary-care-guidelines-for-the-management-of-persons-infected-with-hiv-2013-update-by-the-hiv-medicine-association-of-the-infectious-diseases-society-of-america.pdf">https://www.idsociety.org/globalassets/idsa/practice-guidelines/primary-care-guidelines-for-the-management-of-persons-infected-with-hiv-2013-update-by-the-hiv-medicine-association-of-the-infectious-diseases-society-of-america.pdf</a>
	HIV Guidelines	Centers of Disease Control and Prevention (CDC)	<a href="https://www.cdc.gov/hiv/guidelines/index.html">https://www.cdc.gov/hiv/guidelines/index.html</a>

Updated:  
 Commercial/Exchange Quality Improvement Committee (CEQIC)  
 Quality Improvement Committee (QIC)  
 Clinical Practice Guidelines (CPGs) are applicable to all lines of business (LOBs)

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	2017 HIVMA of IDSA Clinical Practice Guideline for the Management of Chronic Pain in Patients Living with HIV (September 2017)	Infectious Diseases Society of America	<a href="https://www.idsociety.org/globalassets/idsa/practice-guidelines/2017-hivma-of-idsa-clinical-practice-guideline-for-the-management-of-chronic-pain-in-patients-living-with-hiv.pdf">https://www.idsociety.org/globalassets/idsa/practice-guidelines/2017-hivma-of-idsa-clinical-practice-guideline-for-the-management-of-chronic-pain-in-patients-living-with-hiv.pdf</a>
	HIV and Adolescents: Guidance for HIV testing and Counselling and Care for Adolescents Living with HIV (2013)	World Health Organization (WHO)	<a href="http://apps.who.int/iris/bitstream/handle/10665/94334/9789241506168_eng.pdf?sequence=1">http://apps.who.int/iris/bitstream/handle/10665/94334/9789241506168_eng.pdf?sequence=1</a>
<b>PEDIATRIC/ADOLESCENT HEALTH (See ADULT HEALTH-Bipolar Disorder for resources for bipolar disorder in the pediatric and adolescent population)</b> <a href="#">Return to Table of Contents</a>			
<b>Attention Deficit Hyperactivity Disorder (ADHD)</b>	Clinical Practice Guideline for the Diagnosis, Evaluation, and Treatment of Attention-Deficit/Hyperactivity Disorder in Children and Adolescents (October 2019)	American Academy of Pediatrics (AAP)	<a href="https://pediatrics.aappublications.org/content/144/4/e20192528">https://pediatrics.aappublications.org/content/144/4/e20192528</a>
<b>Autism</b>	Practice Parameter: Screening and Diagnosis	American Academy of Neurology (AAN) and the Child Neurology Society (CNS)	<a href="https://n.neurology.org/content/neurology/55/4/468.full.pdf">https://n.neurology.org/content/neurology/55/4/468.full.pdf</a>

Updated:  
Commercial/Exchange Quality Improvement Committee (CEQIC)  
Quality Improvement Committee (QIC)  
Clinical Practice Guidelines (CPGs) are applicable to all lines of business (LOBs)



**Date reviewed December 2021**  
**Date adopted February 2022**

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	of Autism (Reaffirmed August 2014)		
	Identification Evaluation and Management of Children with Autism Spectrum Disorder (January 2020)	American Academy of Pediatrics (AAP)	<a href="https://pediatrics.aappublications.org/content/pediatrics/early/2019/12/15/peds.2019-3447.full.pdf">https://pediatrics.aappublications.org/content/pediatrics/early/2019/12/15/peds.2019-3447.full.pdf</a>
<b>Celiac Disease</b>	Guideline for the Diagnosis and Treatment of Celiac Disease in Children: Recommendations of the North American Society for Pediatric Gastroenterology, Hepatology and Nutrition (January 2005)	North American Society for Pediatric Gastroenterology, Hepatology, and Nutrition (NASPGHAN)	<a href="http://www.naspghan.org/files/documents/pdfs/position-papers/celiac_guideline_2004_jpgn.pdf">http://www.naspghan.org/files/documents/pdfs/position-papers/celiac_guideline_2004_jpgn.pdf</a>
<b>Depression</b>	Depression in Children and Adolescents: Screening (February 2016)	U.S. Preventive Services Task Force (USPSTF)	<a href="https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/depression-in-children-and-adolescents-screening">https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/depression-in-children-and-adolescents-screening</a>
	Depression in Children and Young People: Identification and Management (updated June 2019)	National Institute for Health and Care Excellence (NICE)	<a href="https://www.nice.org.uk/guidance/ng134">https://www.nice.org.uk/guidance/ng134</a>

Updated:  
 Commercial/Exchange Quality Improvement Committee (CEQIC)  
 Quality Improvement Committee (QIC)  
 Clinical Practice Guidelines (CPGs) are applicable to all lines of business (LOBs)

**Date reviewed December 2021**  
**Date adopted February 2022**

Condition/Disease	Guideline Title	Recognized Source(s)	URL
<b>Hypertension in Children and Adolescents</b>	Clinical Practice Guideline for Screening and Management of High Blood Pressure in Children and Adolescents (September 2017)	American Academy of Pediatrics (AAP)	<a href="http://pediatrics.aappublications.org/content/pediatrics/140/3/e20171904.full.pdf">http://pediatrics.aappublications.org/content/pediatrics/140/3/e20171904.full.pdf</a>
<b>Obesity</b>	Expert Committee Recommendations Regarding the Prevention, Assessment, and Treatment of Child and Adolescent Overweight and Obesity: Summary Report (December 2007)	American Academy of Pediatrics (AAP)	<a href="http://pediatrics.aappublications.org/content/120/Supplement_4/S164.full.pdf">http://pediatrics.aappublications.org/content/120/Supplement_4/S164.full.pdf</a>
	Clinical Report: The Role of the Pediatrician in Primary Prevention of Obesity (July 2015)	American Academy of Pediatrics (AAP)	<a href="http://pediatrics.aappublications.org/content/early/2015/06/23/peds.2015-1558">http://pediatrics.aappublications.org/content/early/2015/06/23/peds.2015-1558</a>
<b>Oppositional Defiant Disorder (ODD)</b>	Fifty Years of Preventing and Treating Childhood Behavior Disorders: A Systematic Review to Inform Policy and Practice (April 2017)	National Institute of Health (NIH) PubMed	<a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5950520/">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5950520/</a>

Updated:  
 Commercial/Exchange Quality Improvement Committee (CEQIC)  
 Quality Improvement Committee (QIC)  
 Clinical Practice Guidelines (CPGs) are applicable to all lines of business (LOBs)

Date reviewed December 2021  
Date adopted February 2022

Healthy Blue  
2022 Clinical Practice Guidelines  
Page 19 of 27

Condition/Disease	Guideline Title	Recognized Source(s)	URL
<b>Pharmacologic Monitoring of Antipsychotics</b>	Canadian Alliance for Monitoring Effectiveness and Safety of Antipsychotics in Children (CAMESA) Guidelines (2011)	Canadian Institutes of Health Research	<a href="http://comesaguideline.org/#:~:text=The%20Canadian%20Alliance%20for%20Monitoring%20Effectiveness%20and%20Safety%20of%20Antipsychotic,Canadian%20Institutes%20of%20Health%20Research">http://comesaguideline.org/#:~:text=The%20Canadian%20Alliance%20for%20Monitoring%20Effectiveness%20and%20Safety%20of%20Antipsychotic,Canadian%20Institutes%20of%20Health%20Research</a>
<b>SUBSTANCE USE</b> <a href="#">Return to Table of Contents</a>			
	Medication-Assisted Treatment of Adolescents with Opioid Use Disorders (September 2016)	American Academy of Pediatrics (AAP)	<a href="http://pediatrics.aappublications.org/content/early/2016/08/18/peds.2016-1893">http://pediatrics.aappublications.org/content/early/2016/08/18/peds.2016-1893</a>
	American Society of Addiction Medicine Consensus Statement — Appropriate Use of Drug Testing in Clinical Addiction Medicine (Reviewed December 2019)	American Society of Addiction Medicine	<a href="https://www.asam.org/quality-care/clinical-guidelines/drug-testing">https://www.asam.org/quality-care/clinical-guidelines/drug-testing</a>
	Unhealthy Alcohol Use in Adolescents and Adults: Screening and Behavioral Counseling Interventions (November 2018)	U.S. Preventive Services Task Force (USPSTF)	<a href="https://www.uspreventiveservicestaskforce.org/Page/Document/UpdateSummaryFinal/unhealthy-alcohol-use-in-adolescents-and-adults-screening-and-behavioral-counseling-interventions">https://www.uspreventiveservicestaskforce.org/Page/Document/UpdateSummaryFinal/unhealthy-alcohol-use-in-adolescents-and-adults-screening-and-behavioral-counseling-interventions</a>

Updated:  
Commercial/Exchange Quality Improvement Committee (CEQIC)  
Quality Improvement Committee (QIC)  
Clinical Practice Guidelines (CPGs) are applicable to all lines of business (LOBs)

**Date reviewed December 2021**  
**Date adopted February 2022**

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	CDC Guideline for Prescribing Opioids for Chronic Pain — United States (March 2016)  Erratum for report (March 2016)	Centers for Disease Control and Prevention (CDC)	<a href="http://www.cdc.gov/mmwr/volumes/65/rr/rr6501e1.htm">http://www.cdc.gov/mmwr/volumes/65/rr/rr6501e1.htm</a>  <a href="https://www.cdc.gov/mmwr/volumes/65/wr/mm6511a6.htm?s_cid=mm6511a6_w.htm">https://www.cdc.gov/mmwr/volumes/65/wr/mm6511a6.htm?s_cid=mm6511a6_w.htm</a>
	American Society of Addiction Medicine Clinical Practice Guideline on Alcohol Withdrawal Management (2020)	American Society of Addiction Medicine	<a href="https://www.asam.org/docs/default-source/quality-science/the_asam_clinical_practice_guideline_on_alcohol-1.pdf?sfvrsn=ba255c2_2">https://www.asam.org/docs/default-source/quality-science/the_asam_clinical_practice_guideline_on_alcohol-1.pdf?sfvrsn=ba255c2_2</a>
	American Psychiatric Association Practice Guideline for the Pharmacological Treatment of Patients with Alcohol Use Disorder (Reviewed 2020)	American Psychiatric Association	<a href="https://psychiatryonline.org/doi/pdf/10.1176/appi.books.9781615371969">https://psychiatryonline.org/doi/pdf/10.1176/appi.books.9781615371969</a>
	American Pain Society and College on Problems of Drug Dependence Methadone Safety: A Clinical Practice Guideline from the	American Pain Society and College on Problems of Drug Dependence	<a href="https://www.sciencedirect.com/science/article/abs/pii/S1526590014005227?via%3Dihub">https://www.sciencedirect.com/science/article/abs/pii/S1526590014005227?via%3Dihub</a>

Updated:  
 Commercial/Exchange Quality Improvement Committee (CEQIC)  
 Quality Improvement Committee (QIC)  
 Clinical Practice Guidelines (CPGs) are applicable to all lines of business (LOBs)

**Date reviewed December 2021**  
**Date adopted February 2022**

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	American Pain Society and College on Problems of Drug Dependence, in Collaboration with the Heart Rhythm Society (July 2018)		
	The National Practice Guideline for the Treatment of Opioid Use Disorder — 2020 Focused Update	American Society of Addiction Medicine	<a href="https://www.asam.org/quality-care/clinical-guidelines/national-practice-guideline">https://www.asam.org/quality-care/clinical-guidelines/national-practice-guideline</a>
<b>Cigarette Cessation</b>	Medication-Assisted Treatment (MAT) (Last Updated February 2018)	Substance Abuse Mental Health Services Administration (SAMHSA)	<a href="https://www.samhsa.gov/medication-assisted-treatment">https://www.samhsa.gov/medication-assisted-treatment</a>
	Relearn Life without Cigarettes	National Alliance for Tobacco Cessation (NATC)	<a href="https://www.becomeanex.org/">https://www.becomeanex.org/</a>
	Identifying and Treating Patients who Use Tobacco (July 2017)	U.S. Department of Health and Human Services	<a href="https://millionhearts.hhs.gov/files/Tobacco-Cessation-Action-Guide.pdf">https://millionhearts.hhs.gov/files/Tobacco-Cessation-Action-Guide.pdf</a>
	ACC Expert Consensus Decision Pathway on Tobacco Cessation Treatment (2018)	American College of Cardiology (ACC)	<a href="https://www.jacc.org/doi/pdf/10.1016/j.jacc.2018.10.027">https://www.jacc.org/doi/pdf/10.1016/j.jacc.2018.10.027</a>

Updated:  
 Commercial/Exchange Quality Improvement Committee (CEQIC)  
 Quality Improvement Committee (QIC)  
 Clinical Practice Guidelines (CPGs) are applicable to all lines of business (LOBs)

Condition/Disease	Guideline Title	Recognized Source(s)	URL
Electronic Cigarettes	Electronic Cigarettes	Centers for Disease Control and Prevention (CDC)	<a href="https://www.cdc.gov/tobacco/basic_information/e-cigarettes/index.htm">https://www.cdc.gov/tobacco/basic_information/e-cigarettes/index.htm</a>
All states offer free smoking cessation telephone quit line services. Dialing 1-800-QUIT NOW will connect the caller to their state quit line.			
<b>WOMEN'S HEALTH</b> <a href="#">Return to table of contents</a>			
Routine Antepartum Care	American Academy of Pediatrics, Guidelines for Perinatal Care, Eighth Edition (September 2017)	American Academy of Pediatrics (AAP) & American Congress of Obstetrics and Gynecology (ACOG)	<a href="https://shop.aap.org/guidelines-for-perinatal-care-8th-edition-ebook/">https://shop.aap.org/guidelines-for-perinatal-care-8th-edition-ebook/</a>  Members only
Equity in Reproductive Health Care	Importance of Social Determinants of Health and Cultural Awareness in the Delivery of Reproductive Health Care (January 2018)	American Congress of Obstetrics and Gynecology (ACOG)	<a href="https://www.acog.org/-/media/project/acog/acogorg/clinical/files/committee-opinion/articles/2018/01/importance-of-social-determinants-of-health-and-cultural-awareness-in-the-delivery-of-reproductive-health-care.pdf">https://www.acog.org/-/media/project/acog/acogorg/clinical/files/committee-opinion/articles/2018/01/importance-of-social-determinants-of-health-and-cultural-awareness-in-the-delivery-of-reproductive-health-care.pdf</a>
Preventive Care	Women's Preventive Services Guidelines (Last Reviewed 2022)	Health Resources and Services Administration (HRSA)	<a href="https://www.hrsa.gov/womens-guidelines-2016/index.html">https://www.hrsa.gov/womens-guidelines-2016/index.html</a>
Cancer Screening	Women's Health Care Physicians: Cervical Cancer FAQs (April 2021)	American Congress of Obstetrics and Gynecology (ACOG)	<a href="https://www.acog.org/Patients/FAQs/Cervical-Cancer">https://www.acog.org/Patients/FAQs/Cervical-Cancer</a>

Updated:  
Commercial/Exchange Quality Improvement Committee (CEQIC)  
Quality Improvement Committee (QIC)  
Clinical Practice Guidelines (CPGs) are applicable to all lines of business (LOBs)

Date reviewed December 2021  
Date adopted February 2022

Healthy Blue  
2022 Clinical Practice Guidelines  
Page 23 of 27

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Cervical Cancer: Screening (August 2018)	U.S. Preventive Services Task Force (USPSTF)	<a href="https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/cervical-cancer-screening">https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/cervical-cancer-screening</a>
<b>Diabetes and Pregnancy</b>	Management of Diabetes in Pregnancy (January 2022)	American Diabetes Association (ADA)	<a href="https://diabetesjournals.org/care/issue/45/Supplement_1">https://diabetesjournals.org/care/issue/45/Supplement_1</a>
	Gestational Diabetes Mellitus, Screening (August 2021)	United States Preventive Services Task Force (USPSTF)	<a href="https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/gestational-diabetes-mellitus-screening?ds=1&amp;s=gestational%20diabetes">https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/gestational-diabetes-mellitus-screening?ds=1&amp;s=gestational%20diabetes</a>
	Gestational Diabetes (February 2018)	American Congress of Obstetrics and Gynecology (ACOG)	<a href="https://www.acog.org/clinical/clinical-guidance/practice-bulletin/articles/2018/02/gestational-diabetes-mellitus">https://www.acog.org/clinical/clinical-guidance/practice-bulletin/articles/2018/02/gestational-diabetes-mellitus</a>  Members only
<b>Obstetrical Care</b>	Guidelines for Antenatal Care	American Congress of Obstetrics and Gynecology (ACOG)	<a href="https://www.acog.org/Search?Keyword=antenatal&amp;Topics=906bff1e-0656-4579-a7df-4a22f9bce483#q=antenatal%20care&amp;sort=relevancy">https://www.acog.org/Search?Keyword=antenatal&amp;Topics=906bff1e-0656-4579-a7df-4a22f9bce483#q=antenatal%20care&amp;sort=relevancy</a>
	WHO recommendations for Prevention and Treatment of Pre-Eclampsia and Eclampsia (2011)	World Health Organization (WHO)	<a href="http://whqlibdoc.who.int/publications/2011/9789241548335_eng.pdf">http://whqlibdoc.who.int/publications/2011/9789241548335_eng.pdf</a>
	Committee Opinion 455. Magnesium Sulfate before Anticipated Preterm Birth for	American Congress of Obstetrics and Gynecology (ACOG)/ Society for Maternal Fetal Health (SMFH)	<a href="https://www.acog.org/Clinical-Guidance-and-Publications/Committee-Opinions/Committee-on-Obstetric-Practice/Magnesium-Sulfate-Before-Anticipated-Preterm-Birth-for-Neuroprotection">https://www.acog.org/Clinical-Guidance-and-Publications/Committee-Opinions/Committee-on-Obstetric-Practice/Magnesium-Sulfate-Before-Anticipated-Preterm-Birth-for-Neuroprotection</a>

Updated:  
Commercial/Exchange Quality Improvement Committee (CEQIC)  
Quality Improvement Committee (QIC)  
Clinical Practice Guidelines (CPGs) are applicable to all lines of business (LOBs)

**Date reviewed December 2021**  
**Date adopted February 2022**

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Neuroprotection (Reaffirmed 2020)		
	Pre-Gestational Diabetes Mellitus Number 201 (December 2018)	American Congress of Obstetrics and Gynecology (ACOG)	<a href="https://www.acog.org/clinical/clinical-guidance/practice-bulletin/articles/2018/12/pregestational-diabetes-mellitus">https://www.acog.org/clinical/clinical-guidance/practice-bulletin/articles/2018/12/pregestational-diabetes-mellitus</a>  Members only
	Management of Preterm Labor Number 171 (Reaffirmed 2018)	American Congress of Obstetrics and Gynecology (ACOG)	<a href="https://www.acog.org/clinical/clinical-guidance/practice-bulletin/articles/2016/10/management-of-preterm-labor">https://www.acog.org/clinical/clinical-guidance/practice-bulletin/articles/2016/10/management-of-preterm-labor</a>  Members only
	Chronic Hypertension in Pregnancy (January 2019)	American Congress of Obstetrics and Gynecology (ACOG)	<a href="https://www.acog.org/clinical/clinical-guidance/practice-bulletin/articles/2019/01/chronic-hypertension-in-pregnancy">https://www.acog.org/clinical/clinical-guidance/practice-bulletin/articles/2019/01/chronic-hypertension-in-pregnancy</a>  Members only
	Alcohol Abuse and Other Substance Use Disorders: Ethical Issues in Obstetric and Gynecologic Practice. Number 633 (Reaffirmed 2018)	American Congress of Obstetricians and Gynecologists (ACOG)	<a href="https://www.acog.org/clinical/clinical-guidance/committee-opinion/articles/2015/06/alcohol-abuse-and-other-substance-use-disorders-ethical-issues-in-obstetric-and-gynecologic-practice?utm_source=redirect&amp;utm_medium=web&amp;utm_campaign=otn">https://www.acog.org/clinical/clinical-guidance/committee-opinion/articles/2015/06/alcohol-abuse-and-other-substance-use-disorders-ethical-issues-in-obstetric-and-gynecologic-practice?utm_source=redirect&amp;utm_medium=web&amp;utm_campaign=otn</a>
	Guidelines for the Identification and Management of Substance Use and	World Health Organization (WHO)	<a href="http://apps.who.int/iris/bitstream/10665/107130/1/9789241548731_eng.pdf?ua=1">http://apps.who.int/iris/bitstream/10665/107130/1/9789241548731_eng.pdf?ua=1</a>

Updated:  
 Commercial/Exchange Quality Improvement Committee (CEQIC)  
 Quality Improvement Committee (QIC)  
 Clinical Practice Guidelines (CPGs) are applicable to all lines of business (LOBs)



**Date reviewed December 2021**  
**Date adopted February 2022**

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Substance Use Disorders in Pregnancy (2014)		
	Substance Abuse and Mental Health Services Association Clinical Guidance for Treating Pregnant and Parenting Women with Opioid Use Disorder and their Infants (May 2018)	Substance Abuse and Mental Health Services Association	<a href="https://store.samhsa.gov/sites/default/files/d7/priv/sma18-5054.pdf">https://store.samhsa.gov/sites/default/files/d7/priv/sma18-5054.pdf</a>
	Committee Opinion 749 Marriage and Family Building Equality for Lesbian, Gay, Bisexual, Transgender, Queer, Intersex, Asexual, and Gender Nonconforming Individuals (August 2018)	American Congress of Obstetrics and Gynecology (ACOG)	<a href="https://www.acog.org/-/media/project/acog/acogorg/clinical/files/committee-opinion/articles/2018/08/marriage-and-family-building.pdf">https://www.acog.org/-/media/project/acog/acogorg/clinical/files/committee-opinion/articles/2018/08/marriage-and-family-building.pdf</a>
	Committee Opinion 749 Health Disparities in Rural Women (February 2014)	American Congress of Obstetrics and Gynecology (ACOG)	<a href="https://www.acog.org/-/media/project/acog/acogorg/clinical/files/committee-opinion/articles/2014/02/health-disparities-in-rural-women.pdf">https://www.acog.org/-/media/project/acog/acogorg/clinical/files/committee-opinion/articles/2014/02/health-disparities-in-rural-women.pdf</a>
<b>Smoking Cessation during Pregnancy</b>	Tobacco and Nicotine Cessation during Pregnancy ACOG. Number 807	American Congress of Obstetrics and Gynecology (ACOG)	<a href="https://www.acog.org/clinical/clinical-guidance/committee-opinion/articles/2020/05/tobacco-and-nicotine-cessation-during-pregnancy">https://www.acog.org/clinical/clinical-guidance/committee-opinion/articles/2020/05/tobacco-and-nicotine-cessation-during-pregnancy</a>

Updated:  
 Commercial/Exchange Quality Improvement Committee (CEQIC)  
 Quality Improvement Committee (QIC)  
 Clinical Practice Guidelines (CPGs) are applicable to all lines of business (LOBs)

Date reviewed December 2021  
Date adopted February 2022

Healthy Blue  
2022 Clinical Practice Guidelines  
Page 26 of 27

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	(May 2020)		
	Need Help Putting Out that Cigarette?	American Congress of Obstetrics and Gynecology (ACOG)	<a href="http://www.tobacco-cessation.org/PDFs/NeedHelpBooklet.pdf">http://www.tobacco-cessation.org/PDFs/NeedHelpBooklet.pdf</a>
	Smoking Cessation for Pregnancy and Beyond: A Virtual Clinic,” an Innovative Web-Based Training for Healthcare Professionals	Dartmouth Medical School	<a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4394722/">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4394722/</a>
<b>OTHER TECHNOLOGY</b> <a href="#">Return to Table of Contents</a>			
	Guidelines for the Practice of Telepsychology (2013)	American Psychological Association (APA)	<a href="https://s21151.pcdn.co/wp-content/uploads/APA-Guideline-for-the-Practice-of-Telepsychology.pdf">https://s21151.pcdn.co/wp-content/uploads/APA-Guideline-for-the-Practice-of-Telepsychology.pdf</a>
	Best Practices in Videoconferencing-Based Telemental Health (April 2018)	American Psychiatric Association (APA) and American Telemedicine Association (ATA)	<a href="https://s21151.pcdn.co/wp-content/uploads/APA-ATA-Best-Practices-in-Videoconferencing-Based-Telemental-Health.pdf">https://s21151.pcdn.co/wp-content/uploads/APA-ATA-Best-Practices-in-Videoconferencing-Based-Telemental-Health.pdf</a>
	AACAP's Telepsychiatry Toolkit	American Academy of Child & Adolescent Psychiatry (AACAP)	<a href="https://www.aacap.org/AACAP/Clinical_Practice_Center/Business_of_Practice/Telepsychiatry/toolkit_videos.aspx">https://www.aacap.org/AACAP/Clinical_Practice_Center/Business_of_Practice/Telepsychiatry/toolkit_videos.aspx</a>
	Standards for Technology in Social Work Practice (2017)	National Association of Social Workers (NASW), Association of Social Work Boards (ASWB), Council on Social Work Education (CSWE) & Clinical Social Work Affiliation (CSWA)	<a href="https://s21151.pcdn.co/wp-content/uploads/nasw-technology-standards.pdf">https://s21151.pcdn.co/wp-content/uploads/nasw-technology-standards.pdf</a>

Updated:  
Commercial/Exchange Quality Improvement Committee (CEQIC)  
Quality Improvement Committee (QIC)  
Clinical Practice Guidelines (CPGs) are applicable to all lines of business (LOBs)

**Date reviewed December 2021**  
**Date adopted February 2022**

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Telehealth in Oncology: ASCO Standards and Practice Recommendations (September 2021)	American Society of Clinical Oncology (ASCO)	<a href="https://ascopubs.org/doi/full/10.1200/OP.21.00438">https://ascopubs.org/doi/full/10.1200/OP.21.00438</a>
	Using Telehealth to Care for Patients during the COVID-19 Pandemic (December 2020)	American Academy of Family Physicians (AAFP)	<a href="https://www.aafp.org/family-physician/patient-care/current-hot-topics/recent-outbreaks/covid-19/covid-19-telehealth.html">https://www.aafp.org/family-physician/patient-care/current-hot-topics/recent-outbreaks/covid-19/covid-19-telehealth.html</a>

---

Updated:  
Commercial/Exchange Quality Improvement Committee (CEQIC)  
Quality Improvement Committee (QIC)  
Clinical Practice Guidelines (CPGs) are applicable to all lines of business (LOBs)