

Date reviewed January 2023
Date adopted February 2023

Clinical Practice Guidelines

Table of Contents:

ADULT HEALTH

INFECTIOUS DISEASE

PEDIATRIC/ADOLESCENT HEALTH

SUBSTANCE USE

WOMENS HEALTH

OTHER-TECHNOLOGY

Condition/Disease	Guideline Title	Recognized Source(s)	URL
ADULT HEALTH Ret	urn to table of contents		
Adjustment	Adjustment Disorder	Johns Hopkins Medicine	https://www.hopkinsguides.com/hopkins/view/Johns Hopkins
Disorder	(2017)		Psychiatry Guide/787068/all/Adjustment Disorder#3.0
Alzheimer's	Practice Guideline for	American Psychiatric Association (APA)	https://psychiatryonline.org/pb/assets/raw/sitewide/practice
Disease /	the Treatment of		guidelines/guidelines/alzheimerwatch.pdf
Dementia	Patients with Alzheimer's		
	Disease and Other		

Updated:

Commercial/Exchange Quality Improvement Committee Quality Improvement Committee (GBD) CPGs are applicable to all LOBs

https://provider.healthybluemo.com



Date reviewed January 2023 Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Dementias (Guideline Watch October 2014)		
	American Psychiatric Association Practice Guideline on the Use of Antipsychotics to Treat Agitation or Psychosis in Patients with Dementia (July 2018)	American Psychiatric Association	https://psychiatryonline.org/doi/pdf/10.1176/appi.books.9780 890426807
Anxiety	Anxiety Disorders (Last Reviewed April 2023)	National Institute of Mental Health (NIMH)	http://www.nimh.nih.gov/health/publications/anxiety-disorders/treatment-of-anxiety-disorders.shtml
Asthma	Guidelines for the Diagnosis and Management of Asthma (EPR-3) (August 2007)	National Heart, Lung and Blood Institute (NHLBI)	https://www.nhlbi.nih.gov/health-topics/guidelines-for-diagnosis-management-of-asthma

Updated:

Commercial/Exchange Quality Improvement Committee Quality Improvement Committee (GBD) CPGs are applicable to all LOBs

https://provider.healthybluemo.com

Healthy Blue is a Medicaid product offered by Missouri Care, Inc., a MO HealthNet Managed Care health plan contracting with the Missouri Department of Social Services. Healthy Blue is administered statewide by Missouri Care, Inc. and administered in the Kansas City service region by Missouri Care, Inc. in cooperation with Blue Cross and Blue Shield of Kansas City are both independent licensees of the Blue Cross Blue Shield Association.



Date reviewed January 2023 Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	2020 Focused Updates to the Asthma Management Guidelines: A Report from the National Asthma Education and Prevention Program Coordinating Committee Expert Panel Working Group	Global Initiative for Asthma (GINA)	https://www.nhlbi.nih.gov/health-topics/all-publications-and-resources/2020-focused-updates-asthma-management-guidelines https://ginasthma.org/
Behavioral Health Screening, Assessment and Treatment	The American Psychiatric Association Practice Guidelines for the Psychiatric Evaluation of Adults 3rd edition (August 2015)	American Psychiatric Association (APA)	https://psychiatryonline.org/doi/full/10.1176/appi.books.9780 890426760.pe02
	National Guidelines for Behavioral Health Crisis	Substance Abuse and Mental Health Services Administration (SAMHSA)	https://www.samhsa.gov/sites/default/files/national-guidelines-for-behavioral-health-crisis-care-02242020.pdf

Updated:

Commercial/Exchange Quality Improvement Committee Quality Improvement Committee (GBD) CPGs are applicable to all LOBs

https://provider.healthybluemo.com

Healthy Blue is a Medicaid product offered by Missouri Care, Inc., a MO HealthNet Managed Care health plan contracting with the Missouri Department of Social Services. Healthy Blue is administered statewide by Missouri Care, Inc. and administered in the Kansas City service region by Missouri Care, Inc. in cooperation with Blue Cross and Blue Shield of Kansas City. Missouri Care, Inc. and Blue Cross and Blue Shield of Kansas City are both independent licensees of the Blue Cross Blue Shield Association. MOHB-CD-021831-23-CPN20771



Date reviewed January 2023 Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Care Best Practice Toolkit (2020)		
* addresses diagnosis and treatment of bipolar disorder in special populations such as children and adolescents	CANMAT and International Society for Bipolar Disorders (ISBD) 2018 guidelines for the management of patients with bipolar disorder	Canadian Network for Mood and Anxiety Treatments (CANMAT)	https://www.canmat.org/2019/03/27/2018-bipolar-guidelines/
Coronary Artery Disease (CAD)	AHA / ACCF Secondary Prevention and Risk Reduction Therapy for Patients With Coronary and Other Atherosclerotic Vascular Disease	American Heart Association/ American College of Cardiology Foundation (AHA/ACCF)	https://www.ahajournals.org/doi/pdf/10.1161/CIR.0b013e318 235eb4d

Updated:

Commercial/Exchange Quality Improvement Committee Quality Improvement Committee (GBD) CPGs are applicable to all LOBs

https://provider.healthybluemo.com

Healthy Blue is a Medicaid product offered by Missouri Care, Inc., a MO HealthNet Managed Care health plan contracting with the Missouri Department of Social Services. Healthy Blue is administered statewide by Missouri Care, Inc. and administered in the Kansas City service region by Missouri Care, Inc. in cooperation with Blue Cross and Blue Shield of Kansas City are both independent licensees of the Blue Cross Blue Shield Association.



Date reviewed January 2023 Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	(November 2011 Update)		
	Treatment of Hypertension in Patients With Coronary Artery Disease (March 2015)	American Heart Association, American College of Cardiology, and American Society of Hypertension	https://www.ahajournals.org/doi/pdf/10.1161/CIR.000000000 0000207
	AHA/ACCF Secondary Prevention and Risk Reduction Therapy for Patients With Coronary and Other Atherosclerotic Vascular Disease: 2011 Update	American Heart Association and American College of Cardiology Foundation	https://www.ahajournals.org/doi/pdf/10.1161/CIR.0b013e318 235eb4d
	Effectiveness-Based Guidelines for the Prevention of	American Heart Association (AHA)	https://www.ahajournals.org/doi/pdf/10.1161/CIR.0b013e318 20faaf8

Updated:

Commercial/Exchange Quality Improvement Committee Quality Improvement Committee (GBD) CPGs are applicable to all LOBs

https://provider.healthybluemo.com

Healthy Blue is a Medicaid product offered by Missouri Care, Inc., a MO HealthNet Managed Care health plan contracting with the Missouri Department of Social Services. Healthy Blue is administered statewide by Missouri Care, Inc. and administered in the Kansas City service region by Missouri Care, Inc. in cooperation with Blue Cross and Blue Shield of Kansas City. Missouri Care, Inc. and Blue Cross and Blue Shield of Kansas City are both independent licensees of the Blue Cross Blue Shield Association. MOHB-CD-021831-23-CPN20771



Date reviewed January 2023 Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Cardiovascular Disease in		
	Women- 2011 Update		
	(February 2011)		
	ACC/AHA Guideline on	American College of Cardiology/American	https://www.jacc.org/doi/pdf/10.1016/j.jacc.2019.03.010
	the	Heart Association (ACC/AHA)	
	Primary Prevention of		
	Cardiovascular Disease		
	(2019)		
	2021	American College of Cardiology/ American	https://www.jacc.org/doi/pdf/10.1016/j.jacc.2021.07.053
	AHA/ACC/ASE/CHEST/SA	Heart Association/ Society of	
	EM/	Cardiovascular Computed Tomography /	
	SCCT/SCMR Guideline for	Society for Academic	
	the	Emergency Medicine / Society for	
	Evaluation and Diagnosis	Cardiovascular Magnetic Resonance /	
	of Chest Pain	American College of Chest Physicians /	
		American Society of Echocardiography /	
		American Heart	
	2021 ACC/AHA/SCAI	American College of Cardiology /American	https://www.jacc.org/doi/10.1016/j.jacc.2021.09.006?_ga=2.6
	Guideline for	Heart Association /Society for	$\underline{0669549.1356655696.1641505900317854238.1639608139}$

Updated:

Commercial/Exchange Quality Improvement Committee Quality Improvement Committee (GBD) CPGs are applicable to all LOBs

https://provider.healthybluemo.com

Healthy Blue is a Medicaid product offered by Missouri Care, Inc., a MO HealthNet Managed Care health plan contracting with the Missouri Department of Social Services. Healthy Blue is administered statewide by Missouri Care, Inc. and administered in the Kansas City service region by Missouri Care, Inc. in cooperation with Blue Cross and Blue Shield of Kansas City. Missouri Care, Inc. and Blue Cross and Blue Shield of Kansas City are both independent licensees of the Blue Cross Blue Shield Association. MOHB-CD-021831-23-CPN20771



Date reviewed January 2023 Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Coronary Artery Revascularization	Cardiovascular Angiography and Interventions	
Celiac Disease	ACG Clinical Guidelines: Diagnosis and Management of Celiac Disease (April 2013)	American College of Gastroenterology	ACG_Celiac_2013
Chronic Kidney Disease (CKD)	The National Kidney Foundation Kidney Disease Outcomes Quality Initiative (NKF KDOQI)™ evidence-based clinical practice guidelines for all stages of chronic kidney disease (CKD) and related complications	National Kidney Foundation	https://www.kidney.org/professionals/guidelines/guidelines_c ommentaries
			https://www.aafp.org/afp/2017/1215/p776.html

Updated:

Commercial/Exchange Quality Improvement Committee Quality Improvement Committee (GBD) CPGs are applicable to all LOBs

https://provider.healthybluemo.com

Healthy Blue is a Medicaid product offered by Missouri Care, Inc., a MO HealthNet Managed Care health plan contracting with the Missouri Department of Social Services. Healthy Blue is administered statewide by Missouri Care, Inc. and administered in the Kansas City service region by Missouri Care, Inc. in cooperation with Blue Cross and Blue Shield of Kansas City are both independent licensees of the Blue Cross Blue Shield Association.



Date reviewed January 2023 Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Chronic Kidney Disease: Detection and Evaluation (2017)	American Academy of Family Physicians (AAFP)	
	National Chronic Kidney Disease Fact Sheet (2017)	Centers for Disease Control and Prevention (CDC)	https://www.cdc.gov/diabetes/pubs/pdf/kidney_factsheet.pdf
	KDIGO (Kidney Disease Improving Global Outcomes) 2012 Clinical Practice Guideline for the Evaluation and Management of Chronic Kidney Disease (January 2013)	International Society of Nephrology	https://kdigo.org/guidelines/ckd-evaluation-and-management/
	KDIGO (Kidney Disease Improving Global Outcomes) 2017 Clinical Practice Guideline for	International Society of Nephrology	https://kdigo.org/wp-content/uploads/2017/02/2017-KDIGO- CKD-MBD-GL-Update.pdf

Updated:

Commercial/Exchange Quality Improvement Committee Quality Improvement Committee (GBD) CPGs are applicable to all LOBs

https://provider.healthybluemo.com

Healthy Blue is a Medicaid product offered by Missouri Care, Inc., a MO HealthNet Managed Care health plan contracting with the Missouri Department of Social Services. Healthy Blue is administered statewide by Missouri Care, Inc. and administered in the Kansas City service region by Missouri Care, Inc. in cooperation with Blue Cross and Blue Shield of Kansas City are both independent licensees of the Blue Cross Blue Shield Association.



Date reviewed January 2023 Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	the Evaluation and Management of Chronic Kidney Disease (July 2017)		
Chronic Obstructive Pulmonary Disease (COPD)	Global Strategy for the Diagnosis, Management, and Prevention of Chronic Obstructive Pulmonary Disease (2020)	Global Initiative for Chronic Obstructive Lung Disease (GOLD)	http://goldcopd.org/gold-reports/
Depression	Depression and Suicide Risk in Adults: Screening (June 2023)	U.S. Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/screening-depression-suicide-risk-adults
	CANMAT Clinicians Guidelines 2016 Depression Guidelines	Canadian Network for Mood and Anxiety Treatments (CANMAT)	https://www.canmat.org/2019/03/17/2016-depression-guidelines/

Updated:

Commercial/Exchange Quality Improvement Committee Quality Improvement Committee (GBD) CPGs are applicable to all LOBs

https://provider.healthybluemo.com

Healthy Blue is a Medicaid product offered by Missouri Care, Inc., a MO HealthNet Managed Care health plan contracting with the Missouri Department of Social Services. Healthy Blue is administered statewide by Missouri Care, Inc. and administered in the Kansas City service region by Missouri Care, Inc. in cooperation with Blue Cross and Blue Shield of Kansas City are both independent licensees of the Blue Cross Blue Shield Association.



Date reviewed January 2023 Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Nonpharmacologic	American College of Physicians (ACP)	https://annals.org/aim/fullarticle/2490527/nonpharmacologic-
	Versus Pharmacologic		versus-pharmacologic-treatment-adult-patients-major-
	Treatment of Adult		<u>depressive-disorder-</u>
	Patients With Major		clinical?_ga=2.240375883.977749235.1576523219-
	Depressive Disorder: A		<u>1562492790.1557437793</u>
	Clinical Practice		
	Guideline From the		
	American College of		
	Physicians (2016)		
	APA Clinical Practice	American Psychological Association (APA)	https://www.apa.org/depression-guideline/guideline.pdf
	Guideline for the		
	Treatment of Depression		
	Across Three Age		
	Cohorts (February 2019)		

Updated:

Commercial/Exchange Quality Improvement Committee Quality Improvement Committee (GBD) CPGs are applicable to all LOBs

https://provider.healthybluemo.com

Healthy Blue is a Medicaid product offered by Missouri Care, Inc., a MO HealthNet Managed Care health plan contracting with the Missouri Department of Social Services. Healthy Blue is administered statewide by Missouri Care, Inc. and administered in the Kansas City service region by Missouri Care, Inc. in cooperation with Blue Cross and Blue Shield of Kansas City are both independent licensees of the Blue Cross Blue Shield Association.



Date reviewed January 2023 Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
Diabetes	Standards of Medical Care in Diabetes (January 2023)	American Diabetes Association (ADA)	https://diabetesjournals.org/care/issue/46/Supplement 1
Gender- Dysphoria/ Incongruence	Endocrine Treatment of Gender- Dysphoric/Gender- Incongruent Persons: An Endocrine Society* Clinical Practice Guideline (September 2017)	The Endocrine Society	https://academic.oup.com/jcem/article/102/11/3869/4157558 ?login=true
	Correction to Clinical Practice Guideline (February 2018) Correction to Clinical Practice Guideline (July 2018)		https://academic.oup.com/jcem/article/103/2/699/4675081 https://academic.oup.com/jcem/article/103/7/2758/5036711

Updated:

Commercial/Exchange Quality Improvement Committee Quality Improvement Committee (GBD) CPGs are applicable to all LOBs

https://provider.healthybluemo.com



Date reviewed January 2023 Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Standards of Care for the Health of Transgender and Gender Diverse People, Version 8	World Professional Association for Transgender Health (WPATH)	https://www.wpath.org/publications/soc
Fall Risk	Falls Prevention in Community-Dwelling Older Adults: Interventions	U.S. Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/Page/Docume nt/RecommendationStatementFinal/falls-prevention-in-older- adults-interventions1
	Evidence –Based Falls Prevention Programs: Resources for Professionals and Advocates	National Council on Aging	https://www.ncoa.org/older-adults/health/prevention/falls- prevention
Heart Failure (HF)	2013 ACCF/AHA guideline for the management of heart failure: a report of the American College of	American College of Cardiology Foundation/American Heart Association Task Force on Practice Guidelines/ Heart Failure Society of America (ACCF/ AHA/HFSA)	https://www.jacc.org/doi/pdf/10.1016/j.jacc.2013.05.019

Updated:

Commercial/Exchange Quality Improvement Committee Quality Improvement Committee (GBD) CPGs are applicable to all LOBs

https://provider.healthybluemo.com



Date reviewed January 2023 Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Cardiology Foundation/American Heart Association Task Force on Practice Guidelines (October 2013)		
	ACCF/AHA/HFSA Guideline for the Management of Heart Failure (Focused Update 2017)		http://www.onlinejacc.org/content/70/6/776?_ga=2.23313085 .667318568.1514996759-679389624.1511900706
Hyperlipidemia	2018 AHA/ACC/AACVPR/A APA/ABC/ACPM/ADA/ AGS/APhA/ASPC,NLA /PCNA Guideline on the Management of Blood Cholesterol (October 2018)	American College of Cardiology/American Heart Association/ American Association of Cardiovascular and Pulmonary Rehabilitation/American Academy of Physician Assistants/Association of Back Cardiologists/American College of Preventive Medicine/American	https://www.acc.org/~/media/Non-Clinical/Files-PDFs-Excel-MS-Word-etc/Guidelines/2018/Guidelines-Made-Simple-Tool-2018-Cholesterol.pdf

Updated:

Commercial/Exchange Quality Improvement Committee Quality Improvement Committee (GBD) CPGs are applicable to all LOBs

https://provider.healthybluemo.com



Date reviewed January 2023 Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
		Diabetes Association/American Geriatrics Society/American Pharmacists Association/ American Society of Preventive Cardiology/National Lipid Association/Preventive Cardiovascular Nurses Association (ACC/AHA/AACVPR/AAPA/ABC/ACPM/AD A/AGS/APhA/ASPC/NLA/PCNA)	
Hypertension	ACC/AHA/AAPA/ABC/AC PM/AGS/APhA/ASH/ASP C/NMA/PCNA Guideline for the Prevention, Detection, Evaluation, and Management of High Blood Pressure in Adults (November 2017)	American College of Cardiology (ACC)/ American Heart Association (AHA)/ American Academy of Physician Assistants (AAPA)/ Association of Black Cardiologists (ABC)/ American College of Preventive Medicine (ACPM)/ American Geriatrics Society (AGS)/ American Pharmacists Association (APhA)/ American Society of Hypertension (ASH)/ American Society for Preventive Cardiology (ASPC)/ National	http://www.onlinejacc.org/content/early/2017/11/04/j.jacc.20 17.11.006?sso=1&sso_redirect_count=1&access_token=

Updated:

Commercial/Exchange Quality Improvement Committee Quality Improvement Committee (GBD) CPGs are applicable to all LOBs

https://provider.healthybluemo.com



Date reviewed January 2023 Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Correction to Guideline (May 2018)	Medical Association (NMA)/ Preventive Cardiovascular Nurses Association (PCNA)	http://www.onlinejacc.org/content/71/19/2275
Low Back Pain	Noninvasive Treatments for Acute, Subacute, and Chronic Low Back Pain: A Clinical Practice Guideline From the American College of Physicians (2017)	American College of Physicians (ACP)	https://annals.org/aim/fullarticle/2603228/noninvasive-treatments-acute-subacute-chronic-low-back-pain-clinical-practice? ga=2.247433220.1028399561.1575492235-1562492790.1557437793
Obesity	Weight Loss to Prevent Obesity-Related Morbidity and Mortality in Adults: : Behavioral Interventions (September 2018)	U.S. Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/obesity-in-adults-interventions
	AHA /ACC /TOS Guideline for the Management of	American College of Cardiology (ACC)/ American Heart Association (AHA) Task Force on Practice Guidelines and The Obesity Society (TOS)	http://circ.ahajournals.org/content/early/2013/11/11/01.cir.00 00437739.71477.ee

Updated:

Commercial/Exchange Quality Improvement Committee Quality Improvement Committee (GBD) CPGs are applicable to all LOBs

https://provider.healthybluemo.com



Date reviewed January 2023 Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Overweight and Obesity in Adults (November 2013)		
Oppositional	Common Questions	American Academy of Family Physicians	https://www.aafp.org/pubs/afp/issues/2016/0401/p586.html#:
Defiant Disorder	About Oppositional	(AAFP)	~:text=Oppositional%20defiant%20disorder%20(ODD)%20is,for
(ODD)	Defiant Disorder (April 2016)		%20at%20least%20six%20months
Posttraumatic	Clinical Practice	American Psychological Association (APA)	https://www.apa.org/ptsd-guideline
Stress Disorder	Guideline for the		
	Treatment of		
	Posttraumatic Stress Disorder (PTSD) in Adults		
	(February 2017)		
	VA/DOD Clinical Practice	Department of Veterans Affairs	https://www.healthquality.va.gov/guidelines/MH/ptsd/VADoD
	Guideline for the	Department of Defense: The	PTSDCPGFinal012418.pdf
	Management of	Management of Posttraumatic Stress	
	Posttraumatic Stress	Disorder Work Group	

Updated:

Commercial/Exchange Quality Improvement Committee Quality Improvement Committee (GBD) CPGs are applicable to all LOBs

https://provider.healthybluemo.com

Healthy Blue is a Medicaid product offered by Missouri Care, Inc., a MO HealthNet Managed Care health plan contracting with the Missouri Department of Social Services. Healthy Blue is administered statewide by Missouri Care, Inc. and administered in the Kansas City service region by Missouri Care, Inc. in cooperation with Blue Cross and Blue Shield of Kansas City. Missouri Care, Inc. and Blue Cross and Blue Shield of Kansas City are both independent licensees of the Blue Cross Blue Shield Association. MOHB-CD-021831-23-CPN20771



Date reviewed January 2023 Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Disorder and Acute Stress Disorder (V3.2017)		
	PTSD Screening Instruments	Department of Veterans Affairs: PTSD: National Center for PTSD	https://www.ptsd.va.gov/professional/assessment/screens/index.asp
Rheumatoid Arthritis	American College of Rheumatology: Referral Guidelines (August 2015)	American College of Rheumatology (ACR)	https://www.rheumatology.org/Portals/0/Files/Referral%20Guidelines.pdf
	2015 American College of Rheumatology Guideline for the Treatment of Rheumatoid Arthritis (October 2015)		https://www.rheumatology.org/Portals/0/Files/ACR%202015% 20RA%20Guideline.pdf

Updated:

Commercial/Exchange Quality Improvement Committee Quality Improvement Committee (GBD) CPGs are applicable to all LOBs

https://provider.healthybluemo.com



Date reviewed January 2023 Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
Schizophrenia	Practice Guideline for the Treatment of Patients with Schizophrenia 3 rd edition (2021)	American Psychiatric Association (APA) •	https://s21151.pcdn.co/wp-content/uploads/APA-Practice- Guideline-for-the-Trmt-of-Patients-with-Schizophrenia-3rd- Edition-SRC-1-8-21-CMMC-1.pdf
Sickle Cell Anemia	Evidence-Based Management of Sickle Cell Disease: Expert Panel Report (September 2014)	National Heart, Lung, Blood Institute (NHLBI)	https://www.nhlbi.nih.gov/health-topics/evidence-based-management-sickle-cell-disease
Suicide Risk	SAFE-T: Suicide Assessment Five Step Evaluation and Triage	Suicide Prevention Resource Center (SPRC)	https://www.sprc.org/resources-programs/suicide-assessment-five-step-evaluation-and-triage-safe-t-pocket-card

Updated:

Commercial/Exchange Quality Improvement Committee Quality Improvement Committee (GBD) CPGs are applicable to all LOBs

https://provider.healthybluemo.com

Healthy Blue is a Medicaid product offered by Missouri Care, Inc., a MO HealthNet Managed Care health plan contracting with the Missouri Department of Social Services. Healthy Blue is administered statewide by Missouri Care, Inc. and administered in the Kansas City service region by Missouri Care, Inc. in cooperation with Blue Cross and Blue Shield of Kansas City are both independent licensees of the Blue Cross Blue Shield Association.



Date reviewed January 2023 Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Assessment and Management of Patients at Risk for Suicide (2019)	Veterans Administration/Department of Defense (VA/DoD)	https://www.healthquality.va.gov/guidelines/mh/srb/index.asp
Surgery	Surgical technical evidence review for gynecologic surgery conducted for the Agency for Healthcare Research and Quality Safety Program for Improving Surgical Care and Recovery (December 2018) Surgical Technical	Agency for Healthcare Research and Quality (AHRQ)	https://www.ajog.org/article/S0002-9378(18)30583-0/pdf
	Evidence Review for Colorectal Surgery Conducted for the AHRQ	AHRQ	https://www.ncbi.nlm.nih.gov/pubmed/28797562

Updated:

Commercial/Exchange Quality Improvement Committee Quality Improvement Committee (GBD) CPGs are applicable to all LOBs

https://provider.healthybluemo.com

Healthy Blue is a Medicaid product offered by Missouri Care, Inc., a MO HealthNet Managed Care health plan contracting with the Missouri Department of Social Services. Healthy Blue is administered statewide by Missouri Care, Inc. and administered in the Kansas City service region by Missouri Care, Inc. in cooperation with Blue Cross and Blue Shield of Kansas City are both independent licensees of the Blue Cross Blue Shield Association.



Date reviewed January 2023 Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Safety Program for Improving Surgical Care and Recovery (October 2017) Surgical Technical Evidence Review for Elective Total Joint Replacement Conducted for the AHRQ Safety Program for Improving Surgical Care and Recovery (February 2018)	AHRQ	https://journals.sagepub.com/doi/pdf/10.1177/215145851875 4451
Trauma Care	A Treatment Improvement Protocol: Trauma-Informed Care in Behavioral Health Services (2014)	Substance Abuse and Mental Health Services Administration (SAMHSA)	https://store.samhsa.gov/product/Trauma-Informed-Care-in-Behavioral-Health-Services/SMA15-4420

Updated:

Commercial/Exchange Quality Improvement Committee Quality Improvement Committee (GBD) CPGs are applicable to all LOBs

https://provider.healthybluemo.com

Healthy Blue is a Medicaid product offered by Missouri Care, Inc., a MO HealthNet Managed Care health plan contracting with the Missouri Department of Social Services. Healthy Blue is administered statewide by Missouri Care, Inc. and administered in the Kansas City service region by Missouri Care, Inc. in cooperation with Blue Cross and Blue Shield of Kansas City are both independent licensees of the Blue Cross Blue Shield Association.



Date reviewed January 2023 Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Trauma-Informed Care in Behavioral Health Services: Treatment Improvement Protocol (TIP) Series		https://store.samhsa.gov/?f[0]=series:5568
INFECTIOUS DISEASI	Return to Table o	f Contents	
Chlamydia/ Human Papillomavirus (HPV)	Sexually Transmitted Diseases Treatment Guidelines (2021)	Center for Disease Control and Prevention (CDC)	https://www.cdc.gov/std/default.htm
Hepatitis B	AASLD Guidelines for Treatment of Chronic Hepatitis B (August 2015)	American Association for the Study of Liver Diseases (AASLD)	https://aasldpubs.onlinelibrary.wiley.com/doi/epdf/10.1002/hep.28156 https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5975958/pdf/
	Diagnosis, and Treatment of Chronic		<u>nihms957253.pdf</u>

Updated:

Commercial/Exchange Quality Improvement Committee Quality Improvement Committee (GBD) CPGs are applicable to all LOBs

https://provider.healthybluemo.com

Healthy Blue is a Medicaid product offered by Missouri Care, Inc., a MO HealthNet Managed Care health plan contracting with the Missouri Department of Social Services. Healthy Blue is administered statewide by Missouri Care, Inc. and administered in the Kansas City service region by Missouri Care, Inc. in cooperation with Blue Cross and Blue Shield of Kansas City are both independent licensees of the Blue Cross Blue Shield Association.



Date reviewed January 2023 Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Hepatitis B: AASLD 2018 Hepatitis B Guidance (Jan 2018)		
Hepatitis C	HCV Guidance: Recommendations for Testing, Managing and Treating Hepatitis C	Infectious Diseases Society of America (IDSA)/ American Association for the Study of Liver Disease (AASLD)	http://www.hcvguidelines.org/
	Guidelines for the Screening, Care and Treatment of Persons with Chronic Hepatitis C Infection (April 2016)	World Health Organization (WHO)	http://apps.who.int/iris/bitstream/handle/10665/205035/9789 241549615_eng.pdf;jsessionid=569946A6B8399B8CED0D09D7F 7A9BD3C?sequence=1
HIV/AIDS	Primary Care Guidelines for the Management of Persons Infected With HIV: 2013 Update by the HIV Medicine Association	HIV Medicine Association of the Infectious Diseases Society of America (IDSA)	https://www.idsociety.org/globalassets/idsa/practice-guidelines/primary-care-guidelines-for-the-management-of-persons-infected-with-hiv-2013-update-by-the-hiv-medicine-association-of-the-infectious-diseases-society-of-america.pdf

Updated:

Commercial/Exchange Quality Improvement Committee Quality Improvement Committee (GBD) CPGs are applicable to all LOBs

https://provider.healthybluemo.com



Date reviewed January 2023 Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	of the Infectious Diseases Society of America (November 2013)		
	HIV Guidelines	Centers of Disease Control and Prevention (CDC)	https://www.cdc.gov/hiv/guidelines/index.html
	2017 HIVMA of IDSA Clinical Practice Guideline for the Management of Chronic Pain in Patients Living With HIV (September 2017)	Infectious Diseases Society of America	https://www.idsociety.org/globalassets/idsa/practice-guidelines/2017-hivma-of-idsa-clinical-practice-guideline-for-the-management-of-chronic-pain-in-patients-living-with-hiv.pdf
	HIV and Adolescents: Guidance for HIV testing and counselling and care for adolescents living with HIV (2013)	World Health Organization (WHO)	http://apps.who.int/iris/bitstream/handle/10665/94334/97892 41506168_eng.pdf?sequence=1

Updated:

Commercial/Exchange Quality Improvement Committee Quality Improvement Committee (GBD) CPGs are applicable to all LOBs

https://provider.healthybluemo.com

Healthy Blue is a Medicaid product offered by Missouri Care, Inc., a MO HealthNet Managed Care health plan contracting with the Missouri Department of Social Services. Healthy Blue is administered statewide by Missouri Care, Inc. and administered in the Kansas City service region by Missouri Care, Inc. in cooperation with Blue Cross and Blue Shield of Kansas City are both independent licensees of the Blue Cross Blue Shield Association.



Date reviewed January 2023 Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
Lyme Disease	Clinical Practice Guidelines by the Infectious Diseases Society of America (IDSA), American Academy of Neurology (AAN), and American College of Rheumatology (ACR): 2020 Guidelines for the Prevention, Diagnosis and Treatment of Lyme Disease	Infectious Diseases Society of America (IDSA), American Academy of Neurology (AAN), and American College of Rheumatology (ACR)	https://www.idsociety.org/practice-guideline/lyme-disease/#null
Upper Respiratory Infections	Treatment of the Common Cold (2019)	American Academy of Family Physicians (AAFP)	https://www.aafp.org/pubs/afp/issues/2019/0901/p281.html
	Adult Outpatient Treatment Recommendations (Last reviewed October 3, 2017)	Centers for Disease Control and Prevention (CDC)	https://www.cdc.gov/antibiotic-use/clinicians/adult-treatment-rec.html

Updated:

Commercial/Exchange Quality Improvement Committee Quality Improvement Committee (GBD) CPGs are applicable to all LOBs

https://provider.healthybluemo.com

Healthy Blue is a Medicaid product offered by Missouri Care, Inc., a MO HealthNet Managed Care health plan contracting with the Missouri Department of Social Services. Healthy Blue is administered statewide by Missouri Care, Inc. and administered in the Kansas City service region by Missouri Care, Inc. in cooperation with Blue Cross and Blue Shield of Kansas City. Missouri Care, Inc. and Blue Cross and Blue Shield of Kansas City are both independent licensees of the Blue Cross Blue Shield Association. MOHB-CD-021831-23-CPN20771



Date reviewed January 2023 Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Pediatric Outpatient Treatment Recommendations (Last reviewed February 1, 2017)	Centers for Disease Control and Prevention (CDC)	https://www.cdc.gov/antibiotic-use/clinicians/pediatric-treatment-rec.html
	IDSA Guidelines on the Treatment and Management of Patients with COVID-19 (Document updated on a regular basis)	Infectious Diseases Society of America	https://www.idsociety.org/practice-guideline/covid-19-guideline-treatment-and-management/
PEDIATRIC/ADOLES	CENT HEALTH (See ADULT H	EALTH-Bipolar Disorder for resources for bip	polar disorder in the pediatric and adolescent population)
Return to Table of C	<u>ontents</u>		
Adjustment Disorder	Adjustment Disorder: Collection of Evidence- Based Practices, 7 th Edition	Virginia Commission on Youth	http://vcoy.virginia.gov/009%20adj.pdf

Updated:

Commercial/Exchange Quality Improvement Committee Quality Improvement Committee (GBD) CPGs are applicable to all LOBs

https://provider.healthybluemo.com

Healthy Blue is a Medicaid product offered by Missouri Care, Inc., a MO HealthNet Managed Care health plan contracting with the Missouri Department of Social Services. Healthy Blue is administered statewide by Missouri Care, Inc. and administered in the Kansas City service region by Missouri Care, Inc. in cooperation with Blue Cross and Blue Shield of Kansas City are both independent licensees of the Blue Cross Blue Shield Association.



Date reviewed January 2023 Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
Attention Deficit Hyperactivity Disorder (ADHD)	Clinical Practice Guideline for the Diagnosis, Evaluation, and Treatment of Attention- Deficit/Hyperactivity Disorder in Children and Adolescents (October 2019)	American Academy of Pediatrics (AAP)	https://pediatrics.aappublications.org/content/144/4/e201925 28
Autism	Practice parameter: Screening and diagnosis of autism (Reaffirmed August 2014)	American Academy of Neurology (AAN) and the Child Neurology Society (CNS)	https://n.neurology.org/content/neurology/55/4/468.full.pdf
	Identification Evaluation and Management of Children With Autism Spectrum Disorder (January 2020)	American Academy of Pediatrics (AAP)	https://pediatrics.aappublications.org/content/pediatrics/early/2019/12/15/peds.2019-3447.full.pdf

Updated:

Commercial/Exchange Quality Improvement Committee Quality Improvement Committee (GBD) CPGs are applicable to all LOBs

https://provider.healthybluemo.com

Healthy Blue is a Medicaid product offered by Missouri Care, Inc., a MO HealthNet Managed Care health plan contracting with the Missouri Department of Social Services. Healthy Blue is administered statewide by Missouri Care, Inc. and administered in the Kansas City service region by Missouri Care, Inc. in cooperation with Blue Cross and Blue Shield of Kansas City. Missouri Care, Inc. and Blue Cross and Blue Shield of Kansas City are both independent licensees of the Blue Cross Blue Shield Association. MOHB-CD-021831-23-CPN20771



Date reviewed January 2023 Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
Celiac Disease	Guideline for the Diagnosis and Treatment of Celiac Disease in Children: Recommendations of the North American Society for Pediatric Gastroenterology, Hepatology and Nutrition (January 2005)	North American Society for Pediatric Gastroenterology, Hepatology, and Nutrition (NASPGHAN)	http://www.naspghan.org/files/documents/pdfs/position-papers/celiac_guideline_2004_jpgn.pdf
Depression	Depression and Suicide Risk in Children and Adolescents: Screening (October 2022)	U.S. Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/screening-depression-suicide-risk-children-adolescents
	APA Clinical Practice Guideline for the Treatment of Depression Across Three Age Cohorts (February 2019)	American Psychological Association (APA)	https://www.apa.org/depression-guideline/guideline.pdf

Updated:

Commercial/Exchange Quality Improvement Committee Quality Improvement Committee (GBD) CPGs are applicable to all LOBs

https://provider.healthybluemo.com

Healthy Blue is a Medicaid product offered by Missouri Care, Inc., a MO HealthNet Managed Care health plan contracting with the Missouri Department of Social Services. Healthy Blue is administered statewide by Missouri Care, Inc. and administered in the Kansas City service region by Missouri Care, Inc. in cooperation with Blue Cross and Blue Shield of Kansas City are both independent licensees of the Blue Cross Blue Shield Association.



Date reviewed January 2023 Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
Hypertension in Children and Adolescents	Clinical Practice Guideline for Screening and Management of High Blood Pressure in Children and Adolescents (September 2017) Corrected content to the Clinical Practice Guideline for Screening and Management of High Blood Pressure in Children and Adolescents (December 2017)	American Academy of Pediatrics (AAP)	http://pediatrics.aappublications.org/content/pediatrics/140/3/e20171904.full.pdf https://publications.aap.org/pediatrics/article-abstract/140/6/e20173035/38276/Flynn-JT-Kaelber-DC-Baker-Smith-CM-et-al?redirectedFrom=fulltext
Obesity	Clinical Practice Guideline for the Evaluation and Treatment of Children	American Academy of Pediatrics (AAP)	https://publications.aap.org/pediatrics/article/doi/10.1542/peds.2022-060640/190443/Clinical-Practice-Guideline-for-the-Evaluation-and?autologincheck=redirected

Updated:

Commercial/Exchange Quality Improvement Committee Quality Improvement Committee (GBD) CPGs are applicable to all LOBs

https://provider.healthybluemo.com

Healthy Blue is a Medicaid product offered by Missouri Care, Inc., a MO HealthNet Managed Care health plan contracting with the Missouri Department of Social Services. Healthy Blue is administered statewide by Missouri Care, Inc. and administered in the Kansas City service region by Missouri Care, Inc. in cooperation with Blue Cross and Blue Shield of Kansas City. Missouri Care, Inc. and Blue Cross and Blue Shield of Kansas City are both independent licensees of the Blue Cross Blue Shield Association. MOHB-CD-021831-23-CPN20771



Date reviewed January 2023 Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	and Adolescents With Obesity (January 2023)		
	Clinical Report: The Role of the Pediatrician in Primary Prevention of Obesity (July 2015. Reaffirmed 2022)	American Academy of Pediatrics (AAP)	http://pediatrics.aappublications.org/content/early/2015/06/2 3/peds.2015-1558
Oppositional Defiant Disorder (ODD)	Fifty years of preventing and treating childhood behavior disorders: a systematic review to inform policy and practice (April 2017)	National Institute of Health (NIH) PubMed	https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5950520/
Pharmacologic	Canadian Alliance for	Canadian Institutes of Health Research	https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3143700/pdf/
Monitoring of	Monitoring Effectiveness		<u>ccap20_3p218.pdf</u>
Antipsychotics	and Safety of		

Updated:

Commercial/Exchange Quality Improvement Committee Quality Improvement Committee (GBD) CPGs are applicable to all LOBs

https://provider.healthybluemo.com

Healthy Blue is a Medicaid product offered by Missouri Care, Inc., a MO HealthNet Managed Care health plan contracting with the Missouri Department of Social Services. Healthy Blue is administered statewide by Missouri Care, Inc. and administered in the Kansas City service region by Missouri Care, Inc. in cooperation with Blue Cross and Blue Shield of Kansas City are both independent licensees of the Blue Cross Blue Shield Association.



Date reviewed January 2023 Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Antipsychotics in Children (CAMESA)		
	Guidelines (2011)		
SUBSTANCE USE	Return to Table of	of Contents	
Medication	Medication-Assisted	American Academy of Pediatrics (AAP)	http://pediatrics.aappublications.org/content/early/2016/08/1
Assisted	Treatment of		<u>8/peds.2016-1893</u>
Treatment (MAT)	Adolescents With Opioid		
	Use Disorders		
	(September 2016)		
	American Society of	American Society of Addiction Medicine	https://www.asam.org/quality-care/clinical-guidelines/drug-
	Addiction Medicine		testing
	Consensus Statement -		
	Appropriate Use of Drug		
	Testing in Clinical		
	Addiction Medicine		
	(Reviewed December		
	2019)		

Updated:

Commercial/Exchange Quality Improvement Committee Quality Improvement Committee (GBD) CPGs are applicable to all LOBs

https://provider.healthybluemo.com

Healthy Blue is a Medicaid product offered by Missouri Care, Inc., a MO HealthNet Managed Care health plan contracting with the Missouri Department of Social Services. Healthy Blue is administered statewide by Missouri Care, Inc. and administered in the Kansas City service region by Missouri Care, Inc. in cooperation with Blue Cross and Blue Shield of Kansas City are both independent licensees of the Blue Cross Blue Shield Association.



Date reviewed January 2023 Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Unhealthy Alcohol Use in Adolescents and Adults: Screening and Behavioral Counseling Interventions (November 2018)	U.S. Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/Page/Docume nt/UpdateSummaryFinal/unhealthy-alcohol-use-in-adolescents- and-adults-screening-and-behavioral-counseling-interventions
	CDC Guideline for Prescribing Opioids for Chronic Pain — United States (March 2016) Erratum for report (March 2016)	Centers for Disease Control and Prevention (CDC)	http://www.cdc.gov/mmwr/volumes/65/rr/rr6501e1.htm https://www.cdc.gov/mmwr/volumes/65/wr/mm6511a6.htm? s_cid=mm6511a6_w.htm
	American Society of Addiction Medicine Clinical Practice Guideline on Alcohol Withdrawal Management (2020)	American Society of Addiction Medicine	https://www.asam.org/docs/default-source/quality-science/the_asam_clinical_practice_guideline_on_alcohol-1.pdf?sfvrsn=ba255c2_2

Updated:

Commercial/Exchange Quality Improvement Committee Quality Improvement Committee (GBD) CPGs are applicable to all LOBs

https://provider.healthybluemo.com

Healthy Blue is a Medicaid product offered by Missouri Care, Inc., a MO HealthNet Managed Care health plan contracting with the Missouri Department of Social Services. Healthy Blue is administered statewide by Missouri Care, Inc. and administered in the Kansas City service region by Missouri Care, Inc. in cooperation with Blue Cross and Blue Shield of Kansas City are both independent licensees of the Blue Cross Blue Shield Association.



Date reviewed January 2023 Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	American Psychiatric Association Practice Guideline for the Pharmacological Treatment of Patients with Alcohol Use Disorder (Reviewed 2020)	American Psychiatric Association	https://psychiatryonline.org/doi/pdf/10.1176/appi.books.9781 615371969
	American Pain Society and College on Problems of Drug Dependence Methadone Safety: A Clinical Practice Guideline from the American Pain Society and College on Problems of Drug Dependence, in Collaboration with the Heart Rhythm Society (July 2018)	American Pain Society and College on Problems of Drug Dependence	https://www.sciencedirect.com/science/article/abs/pii/S15265 90014005227?via%3Dihub

Updated:

Commercial/Exchange Quality Improvement Committee Quality Improvement Committee (GBD) CPGs are applicable to all LOBs

https://provider.healthybluemo.com

Healthy Blue is a Medicaid product offered by Missouri Care, Inc., a MO HealthNet Managed Care health plan contracting with the Missouri Department of Social Services. Healthy Blue is administered statewide by Missouri Care, Inc. and administered in the Kansas City service region by Missouri Care, Inc. in cooperation with Blue Cross and Blue Shield of Kansas City. Missouri Care, Inc. and Blue Cross and Blue Shield of Kansas City are both independent licensees of the Blue Cross Blue Shield Association. MOHB-CD-021831-23-CPN20771



Date reviewed January 2023 Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	The National Practice Guideline for the Treatment of Opioid Use Disorder – 2020 Focused Update	American Society of Addiction Medicine	https://www.asam.org/quality-care/clinical-guidelines/national-practice-guideline
Cigarette Cessation	Medication-Assisted Treatment (MAT) (Last Updated February 2018)	Substance Abuse Mental Health Services Administration (SAMHSA)	https://www.samhsa.gov/medication-assisted-treatment
	Relearn Life Without Cigarettes	National Alliance for Tobacco Cessation (NATC)	https://www.becomeanex.org/
	Identifying and Treating Patients Who Use Tobacco (July 2017)	U.S. Department of Health and Human Services	https://millionhearts.hhs.gov/files/Tobacco-Cessation-Action- Guide.pdf
	ACC Expert Consensus Decision Pathway on	American College of Cardiology (ACC)	https://www.jacc.org/doi/pdf/10.1016/j.jacc.2018.10.027

Updated:

Commercial/Exchange Quality Improvement Committee Quality Improvement Committee (GBD) CPGs are applicable to all LOBs

https://provider.healthybluemo.com

Healthy Blue is a Medicaid product offered by Missouri Care, Inc., a MO HealthNet Managed Care health plan contracting with the Missouri Department of Social Services. Healthy Blue is administered statewide by Missouri Care, Inc. and administered in the Kansas City service region by Missouri Care, Inc. in cooperation with Blue Cross and Blue Shield of Kansas City are both independent licensees of the Blue Cross Blue Shield Association.



Date reviewed January 2023 Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Tobacco Cessation		
	Treatment (2018)		
Electronic	Electronic Cigarettes	Centers for Disease Control and	https://www.cdc.gov/tobacco/basic_information/e-
Cigarettes		Prevention (CDC)	<u>cigarettes/index.htm</u>
	American Academy of	American Academy of Pediatrics (AAP)	https://publications.aap.org/pediatrics/article/143/2/e2018365
	Pediatrics Policy		<u>2/37305/E-Cigarettes-and-Similar-Devices</u>
	Statement E-Cigarettes and Similar Devices		
	(February 2019)		
All states offer free s	<u> </u>	,	will connect the caller to their state quit line.
WOMEN'S HEALTH	Retu	rn to table of contents	
Routine	American Academy of	American Academy of Pediatrics (AAP)	https://www.acog.org/clinical-information/physician-faqs/-
Antepartum Care	Pediatrics, Guidelines for	&	/media/3a22e153b67446a6b31fb051e469187c.ashx
	Perinatal Care, Eighth	American Congress of Obstetrics and	
	Edition	Gynecology (ACOG)	
	(September 2017)		

Updated:

Commercial/Exchange Quality Improvement Committee Quality Improvement Committee (GBD) CPGs are applicable to all LOBs

https://provider.healthybluemo.com

Healthy Blue is a Medicaid product offered by Missouri Care, Inc., a MO HealthNet Managed Care health plan contracting with the Missouri Department of Social Services. Healthy Blue is administered statewide by Missouri Care, Inc. and administered in the Kansas City service region by Missouri Care, Inc. in cooperation with Blue Cross and Blue Shield of Kansas City. Missouri Care, Inc. and Blue Cross and Blue Shield of Kansas City are both independent licensees of the Blue Cross Blue Shield Association. MOHB-CD-021831-23-CPN20771



Date reviewed January 2023 Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
Equity in	Importance of Social	American Congress of Obstetrics and	https://www.acog.org/-
Reproductive	Determinants of Health	Gynecology (ACOG)	/media/project/acog/acogorg/clinical/files/committee-
Health Care	and Cultural Awareness		opinion/articles/2018/01/importance-of-social-determinants-
	in the Delivery of		of-health-and-cultural-awareness-in-the-delivery-of-
	Reproductive Health		reproductive-health-care.pdf
	Care (January 2018)		
Preventive Care	Women's Preventive	Health Resources and Services	https://www.hrsa.gov/womens-guidelines-2016/index.html
Treventive care	Services Guidelines. (Last	Administration (HRSA)	inteps.//www.iiisa.gov/woinens gaidelines 2010/index.iitiiii
	Reviewed 2022)	, reministration (more)	
Cancer Screening	Women's Health Care	American Congress of Obstetrics and	https://www.acog.org/Patients/FAQs/Cervical-Cancer
	Physicians: Cervical	Gynecology (ACOG)	
	Cancer FAQs		
	(April 2021)		
	Cervical Cancer:	U.S. Preventive Services Task Force	https://www.uspreventiveservicestaskforce.org/uspstf/recom
	Screening	(USPSTF)	mendation/cervical-cancer-screening
	(August 2018)	,	
	,		

Updated:

Commercial/Exchange Quality Improvement Committee Quality Improvement Committee (GBD) CPGs are applicable to all LOBs

https://provider.healthybluemo.com

Healthy Blue is a Medicaid product offered by Missouri Care, Inc., a MO HealthNet Managed Care health plan contracting with the Missouri Department of Social Services. Healthy Blue is administered statewide by Missouri Care, Inc. and administered in the Kansas City service region by Missouri Care, Inc. in cooperation with Blue Cross and Blue Shield of Kansas City. Missouri Care, Inc. and Blue Cross and Blue Shield of Kansas City are both independent licensees of the Blue Cross Blue Shield Association. MOHB-CD-021831-23-CPN20771



Date reviewed January 2023 Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
Diabetes and Pregnancy	Management of Diabetes in Pregnancy (January 2022)	American Diabetes Association (ADA)	https://diabetesjournals.org/clinical/article/40/1/10/139035/St andards-of-Medical-Care-in-Diabetes-2022
	Gestational Diabetes, Screening (August 2021)	United States Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/uspstf/recom mendation/gestational-diabetes-mellitus- screening?ds=1&s=gestational%20diabetes
	Gestational Diabetes Mellitus (February 2018)	American Congress of Obstetrics and Gynecology (ACOG)	https://www.acog.org/clinical/clinical-guidance/practice-bulletin/articles/2018/02/gestational-diabetes-mellitus Members only
Obstetrical Care	Guidelines for Antenatal Care	American Congress of Obstetrics and Gynecology (ACOG)	https://www.acog.org/Search?Keyword=antenatal&Topics=906 bff1e-0656-4579-a7df- 4a22f9bce483#q=antenatal%20care&sort=relevancy
	WHO recommendations for Prevention and treatment of pre- eclampsia and eclampsia	World Health Organization (WHO)	WHO recommendations for prevention and treatment of pre- eclampsia and eclampsia

Updated:

Commercial/Exchange Quality Improvement Committee Quality Improvement Committee (GBD) CPGs are applicable to all LOBs

https://provider.healthybluemo.com

Healthy Blue is a Medicaid product offered by Missouri Care, Inc., a MO HealthNet Managed Care health plan contracting with the Missouri Department of Social Services. Healthy Blue is administered statewide by Missouri Care, Inc. and administered in the Kansas City service region by Missouri Care, Inc. in cooperation with Blue Cross and Blue Shield of Kansas City are both independent licensees of the Blue Cross Blue Shield Association.



Date reviewed January 2023 Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Committee Opinion 455. Magnesium Sulfate Before Anticipated Preterm Birth for Neuroprotection (Reaffirmed 2020)	American Congress of Obstetrics and Gynecology (ACOG)/ Society for Maternal Fetal Health (SMFH)	https://www.acog.org/Clinical-Guidance-and-Publications/Committee-Opinions/Committee-on-Obstetric-Practice/Magnesium-Sulfate-Before-Anticipated-Preterm-Birth-for-Neuroprotection
	Pre-Gestational Diabetes Mellitus Number 201 (December 2018)	American Congress of Obstetrics and Gynecology (ACOG)	https://www.acog.org/clinical/clinical-guidance/practice-bulletin/articles/2018/12/pregestational-diabetes-mellitus Members only
	Management of Preterm Labor Number 171 (Reaffirmed 2018)	American Congress of Obstetrics and Gynecology (ACOG)	https://www.acog.org/clinical/clinical-guidance/practice-bulletin/articles/2016/10/management-of-preterm-labor Members only
	Chronic Hypertension in Pregnancy	American Congress of Obstetrics and Gynecology (ACOG)	https://www.acog.org/clinical/clinical-guidance/practice-bulletin/articles/2019/01/chronic-hypertension-in-pregnancy

Updated:

Commercial/Exchange Quality Improvement Committee Quality Improvement Committee (GBD) CPGs are applicable to all LOBs

https://provider.healthybluemo.com

Healthy Blue is a Medicaid product offered by Missouri Care, Inc., a MO HealthNet Managed Care health plan contracting with the Missouri Department of Social Services. Healthy Blue is administered statewide by Missouri Care, Inc. and administered in the Kansas City service region by Missouri Care, Inc. in cooperation with Blue Cross and Blue Shield of Kansas City. Missouri Care, Inc. and Blue Cross and Blue Shield of Kansas City are both independent licensees of the Blue Cross Blue Shield Association. MOHB-CD-021831-23-CPN20771



Date reviewed January 2023 Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	(January 2019)		Members only
Substance use in Obstetrics and Gynecology	Alcohol Abuse and Other Substance Use Disorders: Ethical Issues in Obstetric and Gynecologic Practice. Number 633 (Reaffirmed 2018)	American Congress of Obstetricians and Gynecologists (ACOG)	https://www.acog.org/Clinical-Guidance-and-Publications/Committee-Opinions/Committee-on-Ethics/Alcohol-Abuse-and-Other-Substance-Use-Disorders-Ethical-Issues-in-Obstetric-and-Gynecologic-Practice
	Guidelines for the identification and management of substance use and substance use disorders in pregnancy (2014)	World Health Organization (WHO)	http://apps.who.int/iris/bitstream/10665/107130/1/97892415 48731_eng.pdf?ua=1
	Substance Abuse and Mental Health Services Association Clinical Guidance for Treating	Substance Abuse and Mental Health Services Association	https://store.samhsa.gov/sites/default/files/d7/priv/sma18- 5054.pdf

Updated:

Commercial/Exchange Quality Improvement Committee Quality Improvement Committee (GBD) CPGs are applicable to all LOBs

https://provider.healthybluemo.com

Healthy Blue is a Medicaid product offered by Missouri Care, Inc., a MO HealthNet Managed Care health plan contracting with the Missouri Department of Social Services. Healthy Blue is administered statewide by Missouri Care, Inc. and administered in the Kansas City service region by Missouri Care, Inc. in cooperation with Blue Cross and Blue Shield of Kansas City. Missouri Care, Inc. and Blue Cross and Blue Shield of Kansas City are both independent licensees of the Blue Cross Blue Shield Association. MOHB-CD-021831-23-CPN20771



Date reviewed January 2023 Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Pregnant and Parenting Women with Opioid Use Disorder and Their Infants (May 2018)		
	Committee Opinion 749 Marriage and Family Building Equality for Lesbian, Gay, Bisexual, Transgender, Queer, Intersex, Asexual, and Gender Nonconforming Individuals (August 2018)	American Congress of Obstetrics and Gynecology (ACOG)	https://www.acog.org/- /media/project/acog/acogorg/clinical/files/committee- opinion/articles/2018/08/marriage-and-family-building.pdf
	Health Disparities in Rural Women Committee Opinion 586 (February 2014)	ACOG	Health Disparities in Rural Women ACOG
Smoking Cessation during Pregnancy	Tobacco and Nicotine Cessation During	American Congress of Obstetrics and Gynecology (ACOG)	https://www.acog.org/clinical/clinical-guidance/committee- opinion/articles/2020/05/tobacco-and-nicotine-cessation- during-pregnancy

Updated:

Commercial/Exchange Quality Improvement Committee Quality Improvement Committee (GBD) CPGs are applicable to all LOBs

https://provider.healthybluemo.com

Healthy Blue is a Medicaid product offered by Missouri Care, Inc., a MO HealthNet Managed Care health plan contracting with the Missouri Department of Social Services. Healthy Blue is administered statewide by Missouri Care, Inc. and administered in the Kansas City service region by Missouri Care, Inc. in cooperation with Blue Cross and Blue Shield of Kansas City are both independent licensees of the Blue Cross Blue Shield Association.



Date reviewed January 2023 Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Pregnancy ACOG. Number 807 (May 2020)		
	Need Help Putting Out That Cigarette?	ACOG	http://www.tobacco-cessation.org/PDFs/NeedHelpBooklet.pdf
	Smoking Cessation for Pregnancy and Beyond: A Virtual Clinic," an Innovative Web-Based Training for Healthcare Professionals	Dartmouth Medical School	https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4394722/
OTHER TECHNOLOG	Y Return to Table of Co	<u>ntents</u>	
	Guidelines for the Practice of Telepsychology (2013)	American Psychological Association (APA)	https://s21151.pcdn.co/wp-content/uploads/APA-Guideline- for-the-Practice-of-Telepsychology.pdf

Updated:

Commercial/Exchange Quality Improvement Committee Quality Improvement Committee (GBD) CPGs are applicable to all LOBs

https://provider.healthybluemo.com



Date reviewed January 2023 Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Best Practices in	American Psychiatric Association (APA)	https://s21151.pcdn.co/wp-content/uploads/APA-ATA-Best-
	Videoconferencing-	and American Telemedicine Association	<u>Practices-in-Videoconferencing-Based-Telemental-Health.pdf</u>
	Based Telemental Health	(ATA)	
	(April 2018)		
	AACAP's Telepsychiatry	American Academy of Child & Adolescent	https://www.aacap.org/AACAP/Clinical_Practice_Center/Busin
	Toolkit	Psychiatry (AACAP)	ess of Practice/Telepsychiatry/toolkit videos.aspx
	Telehealth in Oncology:	American Society of Clinical Oncology	https://ascopubs.org/doi/full/10.1200/OP.21.00438
	ASCO Standards and	(ASCO)	
	Practice		
	Recommendations		
	(September 2021)		
	Haine Talah salth to Cons	Annanian Annaham of Family Physicians	hatter of the control
	Using Telehealth to Care	American Academy of Family Physicians	https://www.aafp.org/family-physician/patient-care/current-
	for Patients During the COVID-19 Pandemic	(AAFP)	hot-topics/recent-outbreaks/covid-19/covid-19-telehealth.html
	(December 2020)		
	(Decellibel 2020)		

Updated:

Commercial/Exchange Quality Improvement Committee Quality Improvement Committee (GBD) CPGs are applicable to all LOBs

https://provider.healthybluemo.com

Healthy Blue is a Medicaid product offered by Missouri Care, Inc., a MO HealthNet Managed Care health plan contracting with the Missouri Department of Social Services. Healthy Blue is administered statewide by Missouri Care, Inc. and administered in the Kansas City service region by Missouri Care, Inc. in cooperation with Blue Cross and Blue Shield of Kansas City. Missouri Care, Inc. and Blue Cross and Blue Shield of Kansas City are both independent licensees of the Blue Cross Blue Shield Association. MOHB-CD-021831-23-CPN20771



Provider Bulletin

July 2023

Date reviewed January 2023 Date adopted February 2023

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Standards for	National Association of Social Workers	https://s21151.pcdn.co/wp-content/uploads/nasw-technology-
	Technology in Social	(NASW), Association of Social Work	standards.pdf
	Work Practice (2017)	Boards (ASWB), Council on Social Work	
		Education (CSWE) & Clinical Social Work	
		Affiliation (CSWA)	

Updated:

Commercial/Exchange Quality Improvement Committee Quality Improvement Committee (GBD) CPGs are applicable to all LOBs

https://provider.healthybluemo.com