Rehabilitation

PROVIDER OFFICE STAFF END USER TRAINING
Overview

AIM* works with leading insurers to improve healthcare quality and manage costs for today’s most complex and prevalent tests and treatments, helping to promote care that is appropriate, safe and affordable. In today’s session, you’ll be introduced to our new Rehabilitation Program to be managed by AIM Specialty Health® (AIM), a separate company, for Commercial fully insured and Medicaid members.

The following resources are available now:

- **ProviderPortal℠** (direct link [www.providerportal.com](http://www.providerportal.com) or single sign on) will be available for order request submission twenty-four hours a day, seven days a week, processing requests in real-time using clinical criteria.

- **AIM Call Center** Monday through Friday 7:30 am – 7 pm (Central Time) at:

  | Medicaid - Healthy Blue Missouri (MO) | 855.574.6479 | Effective 1/1/2021 request starting on 12/21/2020 |
  | Medicaid - Healthy Blue Nebraska (NE) | 855.574.6478 | Effective 1/1/2021 request starting on 12/21/2020 |
  | Medicaid (IN, NY, WNY, WI) | 800.714.0040 | live |
  | Medicare (CA, CO, CT, GA, IN, KY, ME, MO, NH, NM, NY, OH, TN, TX, TX MMP, VA, WA, WI)* | 800.714.0040 | live |
  | * FL, NJ preauthorization is managed by different vendor |
  | Anthem Commercial (CT, ME, NH) | 866-714-1107 | live |
  | Anthem Commercial (IN, KY, MO, OH, WI) | 800-554-0580 | live |
  | Anthem BCBSGA | 866-714-1103 | live |
  | Empire NY Commercial F/I | 877-430-2288 | live |
  | Anthem Commercial F/I (CO, NV) | 877-291-0366 | live |
  | Anthem Commercial F/I (CA) | 877-291-0360 | TBD 2021 |
Preauthorization not required from AIM

Based on the following states, **lines of business** and **age bands**, a pre-authorization is not required from AIM:

<table>
<thead>
<tr>
<th>Age</th>
<th>Line of Business</th>
<th>States</th>
</tr>
</thead>
<tbody>
<tr>
<td>Birth – 3rd Birthday</td>
<td>Commercial Fully Insured</td>
<td>Wisconsin, Indiana, Ohio, Missouri, Kentucky, Maine, Connecticut, New Hampshire</td>
</tr>
<tr>
<td>Birth – 6th Birthday</td>
<td>Commercial Fully Insured</td>
<td>Colorado</td>
</tr>
</tbody>
</table>

Based on the following **state**, **lines of business**, **age band** and **condition**, are out of scope for AIM:

<table>
<thead>
<tr>
<th>Age</th>
<th>Line of Business</th>
<th>State</th>
<th>Clinical Condition</th>
</tr>
</thead>
<tbody>
<tr>
<td>21 and over</td>
<td>Medicaid</td>
<td>Missouri</td>
<td>Non covered benefit unless pregnant</td>
</tr>
</tbody>
</table>

Based on the following **states**, **line of business** and **clinical condition**, a pre-authorization is not required from AIM, but benefit limits, if applicable, may still be applied:

<table>
<thead>
<tr>
<th>Line of Business</th>
<th>State</th>
<th>Clinical Condition</th>
</tr>
</thead>
<tbody>
<tr>
<td>Commercial Fully Insured</td>
<td>IN, KY, OH, MO, WI, NY, CT, NH, ME, GA, CO, NV</td>
<td>Autism Spectrum Disorder/Pervasive Development Delays (for the following primary diagnosis ICD-10 codes: F84.0, F84.2, F84.3, F84.5, F84.8, or F84.9)</td>
</tr>
</tbody>
</table>
COVID-19 Update

Effective March 17, 2020, the Telehealth place of service is applicable where the AIM Rehabilitative program is live. The Rehab Telehealth FAQ was published in the April provider newsletters titled "Information from Anthem for Care Providers about COVID-19". See Provider News for updates for Care Providers about Coronavirus (COVID-19).

Certain CPT codes would be appropriate to be considered for telehealth (audio and video) physical, occupational, and speech therapies. Anthem will waive member cost shares for telehealth visits from in-network providers from March 17, 2020 through September 30, 2020 for commercial members and from March 17 2020 through December 31, 2020 for Medicare and Medicaid plans, for the following physical, occupational and speech therapies for visits coded with Place of Service (POS) “02” and modifier 95 or GT:

- Physical therapy (PT) evaluation codes: 97161, 97162, 97163 and 97164
- Occupational therapy (OT) evaluation codes: 97165, 97166, 97167 and 97168
- PT/OT treatment codes: 97110, 97112, 97530 and 97535
- Speech therapy (ST) evaluation codes: 92521, 92522, 92523 and 92524
- Speech therapy treatment codes: 92507, 92526, 92606 and 92609

PT/OT CPT codes that require equipment and/or direct physical hands-on interaction and therefore are not appropriate via telehealth include: 97010-97028, 97032-97039, 97113-97124, 97139-97150, 97533 and 97537-97546.

Limitation related to state mandates and licensure/state practice act would still apply. Benefit limitations, where applicable, would still apply.
AIM clinical review programs

Radiology  Cardiology  Sleep

Genetic Testing  Medical Oncology  Radiation Oncology

Rehabilitation  Joint and spine  Interventional pain
Rehabilitation Program

The AIM Rehabilitative Program uses evidence-based clinical practice guidelines focus on:

- Maximize a Member’s Functional Outcome
- Coordinate Integrative Health Care Decisions
- Improve the Member’s Total Cost of Care
- Optimize Provider Satisfaction

Clinical Appropriateness Review Process encompasses the appropriate duration of rehabilitative services at the appropriate place of service, with the goal of maximizing the member’s functional improvement, while at the same time enhancing and simplifying the provider’s experience in the delivery of care.
Program scope
Disciplines included in the program

Physical Therapy
AIM guidelines
(Medicare: NCD,LCD, CMS Manual)

- Supervised Modalities
- Constant Attendance Modalities
- Therapeutic Procedures
- Adaptive Equipment Training
- Wound care and lymphedema Treatment
- Other Physical therapy services

Occupational Therapy
AIM guidelines
(Medicare: NCD,LCD, CMS Manual)

- Supervised Modalities
- Constant Attendance Modalities
- Therapeutic Procedures
- Adaptive Equipment Training
- Wound care and lymphedema Treatment
- Other Occupational therapy services

Speech Therapy
AIM guidelines
(Medicare: NCD,LCD, CMS Manual)

- Speech Fluency
- Speech sound production
- Language comprehension and expression
- Oral and pharyngeal swallowing function
- Auditory processing

Please note:
- Procedure codes may vary by lines of business or may be managed by the local health plan.
- Chiropractors billing for Therapy codes require a pre-auth.
Clinical appropriateness review

Criteria Determining Visit Allotment

Initial Request:
• Primary Treatment Diagnosis
• Confirmation of autism, developmental delay, or traumatic brain injury
• Evaluation date consistent throughout the episode of care
• Functional outcomes tool and score
• Comorbidities/recent surgery

For Subsequent Requests:
• Member’s response to treatment or any mitigating factors if poor response
• Member’s attainment of goals
• Member’s improvement in functional outcomes tool score
• Review of clinical documentation for all recurring requests

Please note: Additional documentation may be required when requesting additional visits (e.g. progress notes, initial evaluation/re-evaluation, etc.)

Included settings:
• Office
• Outpatient hospital
• Independent clinic
• Telehealth

Check to see if the facility is in network for the member before starting therapy
Rehabilitation clinical experts power our program

An experienced team of therapist and physicians lead and support our Rehabilitation program.

Their expertise across numerous clinical specialties provides clinical acumen immediately.

Our clinical reviewers specialties include physical, occupational, and speech language therapy.

Our clinical reviewers also specialize in physiatry, internal medicine, orthopedics and pediatrics.

KERRIE REED
Medical Director, Rehabilitation
Clinical leader responsible for the clinical strategy.

GINA GIEGLING
GM / Vice President, Rehabilitation and MSK
Business leader responsible for the business strategy and design.

DISHA PATEL
Clinical Architect Director, Rehabilitation and MSK
Clinical Architect responsible for the clinical design.

YVONNE SULLIVAN
Provider Engagement Manager, Rehabilitation
Engagement Manager responsible for outreach and education.
Episode of care

An episode of care is the managed care provided for a specific injury, surgery, condition or illness during a set time period.

AIM will provide an authorization with a visit allocation for those requests where the member meets medical necessity.

If after delivering the authorized number of visits, the member still needs additional skilled therapy, the provider can return to the AIM provider portal and create another request for visits.

For a given episode of care, it is possible that more than one case will get created, but it is dependent on the member’s progress with their treatment plan.

For an optimal request response:

- Requests should be made only after an active authorization has either expired or there are no more authorized visits remaining for the member.
- Initiating a request before visits have been rendered may not reflect the accurate medical necessity criteria.
- An authorization will not be able to be obtained greater than 30 days prior to your service date.
Episode of Care Flow

Initial Request

Provider creates an AIM portal request, reports patient’s functional tool score, diagnosis, and answers clinical questions. If clinical necessity is met, an auth with visits is provided.

Therapist Determines Status

Determine if the patient attained their goals discharge, didn’t respond to therapy or made improvements but still needs more skilled therapy.

Ready for Discharge

Patient Attains Goals or Skilled Services are No Longer Needed

Patient is ready for discharge.

Initial Evaluation with Treatment (same date of service)

Commercial /Fully Insured:
- No pre-auth required for treatment rendered during the initial evaluation visit.

Medicaid /Medicare:
Pre-auth is required is required for treatment codes rendered during the initial evaluation (2 options)
- Come to portal prior to evaluation and request a 1 visit pre-authorization.
- Come to the portal within 2 business days after the initial evaluation with treatment to submit a request.

Render Therapy

Report Progress in New Request

Therapist reports patient’s updated functional tool score, progress towards goals, and if relevant, mitigating factors.

Uploading documentation may be necessary in certain scenarios.
Review responsibility

will perform…

• Prospective reviews
• ≤2 Day service grace period
• Reconsiderations up to 3 business days with additional information
• Valid timeframe for requests are based on the number of visits that are allocated (or state mandate)
• Peer to Peer / Therapist to Therapist discussion

Healthy Blue will perform…

• Inpatient and home health requests
• Unspecified codes not managed by AIM
• >2 Day retro review
• Appeals (and reconsideration for Medicare)
• Pre-Authorization requirements prior to AIM’s effective date
• Responding to member questions
Rehabilitation microsite – resources

Resources

Wondering what information you’ll need to enter your order request?

Order Request Checklist
- Download the physical therapy checklist
- Download the occupational therapy checklist
- Download the speech therapy checklist

Clinical Guidelines
- View the Arthem physical therapy clinical guidelines
- View the Arthem occupational therapy clinical guidelines
- View the Arthem speech-language therapy clinical guidelines

CPT Codes within the Clinical Guidelines
See the billing codes for the procedures we review (Note: CPT codes may vary by health plan):
- Physical therapy procedure codes
- Occupational therapy procedure codes
- Speech therapy procedure codes

Getting the answers you need
Frequently Asked Questions (FAQs)
Rehabilitation Overview

https://aimproviders.com/rehabilitation/resources/

Resources Section

- Checklists containing the information needed for requests, including a list of the functional tools and score values
- Link to Clinical Guidelines
- CPT Codes included in the program
- Portal Login Issues – (800) 252-2021
- Rehab Questions for providers only - rehabprogram@aimspecialtyhealth.com
ProviderPortal Demo
Create a pre-authorization request:

1. Please enter the treatment start date in the “Date of Service”

2. Provide the following member information:
   - Member ID and date of birth
   - Member ID and name

3. Next, chose “Find this Member” to search for your member.
Step 1 – select member

Select your member from the search results by clicking on the member name.

If your member does not appear in the results, you can change your criteria and search again using the “Change member search criteria” button.
More than one result?

If the search results in more than one record, try selecting the last record in the list.

If that record doesn’t require a preauthorization, go back and select the other record.
Select Rehabilitation

On the order type screen, select “Rehabilitation” and then select the “Continue” button.

Note: only programs that are currently managed by AIM for the selected member will display on the order type selection screen.
If there is no rehabilitation tile

If the rehabilitative tile is not displayed, that is an indication the member is not managed by AIM for rehab services.

Check the Health Plan name, for example, if it indicates Anthem National, their members are currently not participating.
Step 1 – review member information

Select “Continue” to move forward with your request.

If the member is not the correct member, select “Change Member”.

<table>
<thead>
<tr>
<th>Selected Member</th>
<th>Change Member</th>
</tr>
</thead>
<tbody>
<tr>
<td>DEMO, EMMA</td>
<td></td>
</tr>
<tr>
<td>123 Somewhere, Indianapolis, IN 48230</td>
<td></td>
</tr>
<tr>
<td>Phone: (xxx) xxx-xxxx</td>
<td>DoB: xx/xx/xxxx</td>
</tr>
<tr>
<td>Email: <a href="mailto:Name@email.com">Name@email.com</a></td>
<td></td>
</tr>
</tbody>
</table>

Demographics
Show Demographics

Available Solutions
Show Solutions

Enrollment
Show Enrollment

CONTINUE
Step 2 – select primary diagnosis

Search for the primary diagnosis by the description or ICD code.

The diagnosis could be the ICD-10 code provided by the ordering/referring physician or if you are in a direct access state, the ICD-10 code that the therapist is allocating for this member.

<table>
<thead>
<tr>
<th>Condition</th>
<th>Services *</th>
</tr>
</thead>
<tbody>
<tr>
<td>M25.519 – Pain in unspecified shoulder</td>
<td>Enter a CPT code, HCPCS code, or description to search</td>
</tr>
<tr>
<td>M75.90 – Shoulder lesion, unspecified, unspecified shoulder</td>
<td></td>
</tr>
<tr>
<td>M25.512 – Pain in left shoulder</td>
<td></td>
</tr>
<tr>
<td>M25.511 – Pain in right shoulder</td>
<td></td>
</tr>
<tr>
<td>M25.119 – Fistula, unspecified shoulder</td>
<td></td>
</tr>
<tr>
<td>M67.419 – Ganglion, unspecified shoulder</td>
<td></td>
</tr>
</tbody>
</table>

Service Search Tips:
- Type at least two characters
- Enter one CPT code, HCPCS code, or description at a time
- Multiple Services can be entered

Condition Search Tips:
- Type at least two characters
- Enter an ICD code or description
- Searching by ICD Code typically provides the best results
- Searching by description may provide less precise results
- A condition selection is required to continue
Step 2 – select service(s)

Search for services by the description or the CPT code.

Enter Condition & Services

Service Date: 01/01/2021

Condition

M25.519 – Pain in unspecified shoulder

Services

Enter a CPT code, HCPCS code, or description to search

- 97110 - Therapeutic exercise to develop strength, endurance, range of motion, and flexibility, each 15 minutes
- 97112 - Therapeutic procedure to re-educate brain-to-nerve-to-muscle function, each 15 minutes
- 97113 - Water pool therapy with therapeutic exercises to 1 or more areas, each 15 minutes
- 97116 - Walking training to 1 or more areas, each 15 minutes

Service Search Tips

- Type at least two characters
- Enter one CPT code, HCPCS code, or description at a time
- Multiple Services can be entered
Step 2 – identify the therapy type

When the selected CPT code exists in more than one discipline, the system will prompt you to select which therapy you are requesting.

Once all of the CPT codes have been selected, select the "Continue" button.
No pre-auth from AIM is required messages

Member is showing as ineligible and is currently not being managed by AIM at this time.

<table>
<thead>
<tr>
<th>Member Eligibility</th>
</tr>
</thead>
<tbody>
<tr>
<td>☐ services for this member for the service date entered do not require pre-authorization by AIM. Please note that benefit limits, if applicable, will still be applied.</td>
</tr>
</tbody>
</table>

Member is not being managed by AIM for the selected therapy services at this time.

<table>
<thead>
<tr>
<th>Member Eligibility</th>
</tr>
</thead>
<tbody>
<tr>
<td>☐ Physical Therapy services for this member for the service date entered do not require pre-authorization by AIM. Please note that benefit limits, if applicable, will still be applied.</td>
</tr>
</tbody>
</table>

No pre-authorization is required due to member's age.

<table>
<thead>
<tr>
<th>Member Eligibility</th>
</tr>
</thead>
<tbody>
<tr>
<td>☐ An authorization from AIM is not required at this time due to the age of this member.</td>
</tr>
</tbody>
</table>

There are different circumstances where a pre-authorization is not required from AIM at the time of the request.

The system displays one of these message to indicate a pre-authorization is not required from AIM at this time.
Step 2b – enter episode of care metrics

<table>
<thead>
<tr>
<th>Member</th>
<th>Condition &amp; Service(s)</th>
<th>Ordering Provider</th>
<th>Servicing Provider(s)</th>
<th>Clinical</th>
<th>Review</th>
</tr>
</thead>
</table>

Enter the episode of care metrics.

1. Indicate if this request is to provide services for a confirmed dx of autism or pervasive developmental delay as specified by the listed ICD codes. (For some members, a "Yes" answer will result in no pre-auth from AIM).

2. Next, indicate if an initial evaluation has been performed. (A "No" answer will provide you with 1 visit to allow you to perform the initial evaluation).

3. If an initial evaluation was performed, enter the initial evaluation date. Please keep this initial evaluation date consistent throughout the episode of care.

**Physical Therapy**

1. Is this a request to provide autism services for a confirmed diagnosis of autism spectrum disorder or pervasive developmental delay (a primary diagnosis of one of the following ICD-10 codes: F84.0, F84.2, F84.3, F84.5, F84.8, or F84.9)? *
   - Yes
   - No

2. Was an evaluation performed by a therapist or a licensed qualified provider of therapy services? *
   - Yes
   - No

3. What was the Evaluation Date? *
   - **mm/dd/yyyy**
Step 2 – episode of care entry continued

Select the Functional Tool used from the groups provided. Up to two (2) functional tool scores can be entered.*

- DASH - Disabilities of Arm, Shoulder, Hand
- DDST-II - Denver Developmental Screening Test II
- Dizziness Handicap Inventory
- Dynamic Gait Index
- ESDM - Early Start Denver Model
- FIM - Functional Independence measure
- Foot and Ankle Ability Measure
- FOTO Ankle/foot
- FOTO Elbow/Wrist/Hand
- FOTO General Orthopedic
- FOTO General Physical Functioning
- FOTO Hip
- FOTO Knee
- FOTO Low Back
- FOTO Neck
- FOTO Shoulder
- Functional Gait Assessment

1. Once you find your tool, select “Add tool”

2. Then enter the tool score (note there may be some tools that do not require a score).

3. Select “Continue” once done the tool(s) have been selected.
Step 3 – search and select referring provider

1. Search for the referring provider. For commercial plans, for some states there is a direct access option.

When searching for a provider, the less information entered the better. City and State or Zip code and State are required.

Using the fictitious provider “Joe Smith, TIN 123456789, 3333 Nowhere avenue, Munster, IN, 46321” to illustrate some of the search options below:

- TIN (or NPI), state and city (example: TIN 123456789, Munster, IN)
- State, city and part of address (example: IN, Munster, 3333)
- Part of provider name, city and state (example: Jo, Munster, IN)

2. Select provider if found in results.

3. If provider is not found, select “Add provider” link.
Step 4 – select facility and place of service

1. Identify who is billing (facility or therapist)

2. Search for the facility.

   When searching for a provider, the less information entered the better. City and State or Zip code and State are required.

   Using the fictitious provider “ABC Therapy, TIN 123456789, 3333 Nowhere avenue, Munster, IN, 46321" to illustrate some of the search options below:

   - TIN (or NPI), state and city (example: TIN 123456789, Munster, IN)
   - State, city and part of address (example: IN, Munster, 3333)
   - Part of provider name, city and state (example: Therapy, Munster, IN)

3. Select provider if found in results.

   If provider is not found, select “Add provider” link.

4. After selecting the facility, select the place of service.
Step 4 – select therapist (optional)

Selecting the treating therapist is optional unless they will be the billing entity.

Otherwise, you can select “Unknown Therapist”
Step 5 – start the clinical entry

Based on the member clinical scenario and whether it is an initial or subsequent request, you will need to answer some clinical questions.

Select “Start clinical” button
Step 5 – clinical entry

Based on the answer you provide, the next question will be displayed.
Step 5 – clinical entry

Clinical Questions

What is the complexity level of the evaluation that was completed for this request?

Moderate complexity (CPT 97162)

Which of the following best describes the primary purpose of therapy?

- Developing age appropriate skills which were previously undeveloped or keeping functions which are at risk of being lost
- Improving, restoring, or adapting functional mobility or skills
- Maintaining the current level of function, range of motion, strength, pain, or balance
- Enhancing athletic performance or for recreational capability
- Providing massage therapy
- Elastic therapeutic taping (eg, Kinesio Tape)
- None of these apply

Based on your answer, the next question will display.

You can change the previous answer by selecting “show answers”.

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Step 5 – clinical entry

Clinical Questions

What is the complexity level of the evaluation that was completed for this request?
- Show Answers
  - Moderate complexity (CPT 97162)

Which of the following best describes the primary purpose of therapy?
- Show Answers
  - Improving, restoring, or adapting functional mobility or skills

Did the patient have a surgical procedure in the last three (3) months related to the conditions for which services are being requested?
- Yes
- No
- Unknown

Based on your answer, the next question will display.

You can change the previous answer by selecting “show answers”.
Step 5 – clinical entry

Did the patient have a surgical procedure in the last three (3) months related to the conditions for which services are being requested?

No

Select all conditions expected to impact treatment:

- Morbid obesity
- Respiratory disorders
- Cognitive impairment
- Diabetes mellitus
- Musculoskeletal disorders
- Neurological condition
- Ongoing dialysis or cancer treatment
- Current pregnancy or recently postpartum
- Psychological disorders
- Uncorrected hearing or vision impairment
- Social determinants of health
- None of these apply
- Unknown

Continue

Unsure of this question? Show clinical help

Based on your answer, the next question will display.

If you need additional information on what is included on some of choices, select “show clinical help” for more details.
Step 5 – clinical entry

You will be asked to attest to three requirements as specified in the guidelines.

Next, you will need to “save” your answers and select “Continue”.
Step 6 – review collected information

The Order Request Preview allows you to review the information prior to submission and make any necessary modifications.

Press the “Submit This Request” button once you have verified all of the information.
Requests that meet clinical criteria will be receive an immediate response with an Order number, approved visits and authorization valid timeframe.

Please note that the number of approved visits for this request may not be the total number of visits needed under the treatment plan. You can always return to request additional visits if the member requires additional therapy.

If the request does not meet criteria, your request will be sent for clinical review. You can contact AIM to discuss your request at any time.
When documentation is required, the system will indicate that an upload of documents is needed. The list of requested documents can be found in the document manager.
Finding a case using the tracking number

After submitting a request, you will be able to find out the status and review the information, by selecting “Check Status”.

Also while creating a request if you need to stop and finish later, select the “Save and Exit” button at time during the request creation. You can utilize the “Check Status” button to find and continue with your request.
Thank you for attending!

Rehabilitation Management Program provider website:
https://aimspecialtyhealth.com/solutions/health-plans/clinical-solutions/rehabilitation/

* AIM Specialty Health is an independent company providing some utilization review services on behalf of Healthy Blue.

Healthy Blue is the trade name of Community Care Health Plan of Missouri, Inc., an independent licensee of the Blue Cross and Blue Shield Association.