



Clinical Practice Guidelines now available online

Missouri | Healthy Blue | MO HealthNet Managed Care (Medicaid)

Updated Clinical Practice Guidelines are now available on the website. Our quality improvement committee reviewed and approved these evidence-based guidelines, which include direct links to the source documents for reference. We encourage you to stay current with the latest guidelines to ensure best practices and deliver optimal quality of care.

These guidelines can be accessed on our provider website at <https://provider.healthybluemo.com/missouri-provider/home> > Resources > Provider policies, guidelines, and manuals > Medical Policies and Clinical UM Guidelines. Please call Provider Services at **833-405-9086** for a printed copy.

If you have questions, contact your local network relations consultant or call Provider Services at **833-405-9086**.

Updates in the 2025 version include:

Updates to links and dates published in existing guidelines as needed.

- An addition of guidelines:
 - Attention Deficit Hyperactivity Disorder: ADHD Diagnosis and Treatment in Children and Adolescents (2024) Systematic Review and Meta-Analysis prepared for the Agency for Healthcare Research and Quality United States Department of Health and Human Services and Patient-Centered Outcomes Research Institute.
 - Borderline Personality: The American Psychiatric Association Practice Guideline for the Treatment of Patients with Borderline Personality Disorder, Second Edition (2024).
 - Hearing Loss: Clinical Practice Guideline: Age-Related Hearing Loss (2024). American Academy of Otolaryngology — Head and Neck Surgery Foundation.
 - Stroke Prevention: 2024 Guideline for the Primary Prevention of Stroke: A Guideline from the American Heart Association/American Stroke Association.
 - Mental Health Conditions: Screening and Diagnosis of Mental Health Conditions During Pregnancy and Postpartum (2023). American College of Obstetricians and Gynecologists.
- The removal of guideline:
 - Nonpharmacologic and Pharmacologic Treatments of Adults in the Acute Phase of Major Depressive Disorder: A Living Clinical Guideline from the American College of Physicians. The CPG matrix contains multiple documents on depression.

<https://provider.healthybluemo.com>

Healthy Blue is a Medicaid product offered by Missouri Care, Incorporated, a MO HealthNet Managed Care health plan contracting with the Missouri Department of Social Services. Healthy Blue is administered statewide by Missouri Care, Incorporated and administered in the Kansas City service region by Missouri Care, Incorporated in cooperation with Blue Cross and Blue Shield of Kansas City. Missouri Care, Incorporated and Blue Cross and Blue Shield of Kansas City are both independent licensees of the Blue Cross Blue Shield Association.
MOHB-CD-081123-25-SRS79831 [April 2025]