

New Mother Postpartum Visit Schedule

The postpartum visit is an important part of overall pregnancy care and should occur between 7 to 84 days following delivery. The goals of this visit are to assess the health of the mother, evaluate mother-infant bonding and breastfeeding, and discuss family-planning options. Please see the table below to assist in when to schedule a postpartum visit with a new mother.

| Schedule visit | | | Schedule visit | | | Schedule visit | | | Schedule visit | | |
|----------------|--------|--------|----------------|--------|--------|----------------|--------|--------|----------------|--------|--------|
| Delivery | From | To | Delivery | From | To | Delivery | From | To | Delivery | From | To |
| Jan 1 | Jan 8 | Mar 25 | Feb 13 | Feb 20 | May 7 | Mar 27 | Apr 3 | Jun 19 | May 9 | May 16 | Aug 1 |
| Jan 2 | Jan 9 | Mar 26 | Feb 14 | Feb 21 | May 8 | Mar 28 | Apr 4 | Jun 20 | May 10 | May 17 | Aug 2 |
| Jan 3 | Jan 10 | Mar 27 | Feb 15 | Feb 22 | May 9 | Mar 29 | Apr 5 | Jun 21 | May 11 | May 18 | Aug 3 |
| Jan 4 | Jan 11 | Mar 28 | Feb 16 | Feb 23 | May 10 | Mar 30 | Apr 6 | Jun 22 | May 12 | May 19 | Aug 4 |
| Jan 5 | Jan 12 | Mar 29 | Feb 17 | Feb 24 | May 11 | Mar 31 | Apr 7 | Jun 23 | May 13 | May 20 | Aug 5 |
| Jan 6 | Jan 13 | Mar 30 | Feb 18 | Feb 25 | May 12 | Apr 1 | Apr 8 | Jun 24 | May 14 | May 21 | Aug 6 |
| Jan 7 | Jan 14 | Mar 31 | Feb 19 | Feb 26 | May 13 | Apr 2 | Apr 9 | Jun 25 | May 15 | May 22 | Aug 7 |
| Jan 8 | Jan 15 | Apr 1 | Feb 20 | Feb 27 | May 14 | Apr 3 | Apr 10 | Jun 26 | May 16 | May 23 | Aug 8 |
| Jan 9 | Jan 16 | Apr 2 | Feb 21 | Feb 28 | May 15 | Apr 4 | Apr 11 | Jun 27 | May 17 | May 24 | Aug 9 |
| Jan 10 | Jan 17 | Apr 3 | Feb 22 | Feb 29 | May 16 | Apr 5 | Apr 12 | Jun 28 | May 18 | May 25 | Aug 10 |
| Jan 11 | Jan 18 | Apr 4 | Feb 23 | Mar 1 | May 17 | Apr 6 | Apr 13 | Jun 29 | May 19 | May 26 | Aug 11 |
| Jan 12 | Jan 19 | Apr 5 | Feb 24 | Mar 2 | May 18 | Apr 7 | Apr 14 | Jun 30 | May 20 | May 27 | Aug 12 |
| Jan 13 | Jan 20 | Apr 6 | Feb 25 | Mar 3 | May 19 | Apr 8 | Apr 15 | Jul 1 | May 21 | May 28 | Aug 13 |
| Jan 14 | Jan 21 | Apr 7 | Feb 26 | Mar 4 | May 20 | Apr 9 | Apr 16 | Jul 2 | May 22 | May 29 | Aug 14 |
| Jan 15 | Jan 22 | Apr 8 | Feb 27 | Mar 5 | May 21 | Apr 10 | Apr 17 | Jul 3 | May 23 | May 30 | Aug 15 |
| Jan 16 | Jan 23 | Apr 9 | Feb 28 | Mar 6 | May 22 | Apr 11 | Apr 18 | Jul 4 | May 24 | May 31 | Aug 16 |
| Jan 17 | Jan 24 | Apr 10 | Feb 29 | Mar 7 | May 23 | Apr 12 | Apr 19 | Jul 5 | May 25 | Jun 1 | Aug 17 |
| Jan 18 | Jan 25 | Apr 11 | Mar 1 | Mar 8 | May 24 | Apr 13 | Apr 20 | Jul 6 | May 26 | Jun 2 | Aug 18 |
| Jan 19 | Jan 26 | Apr 12 | Mar 2 | Mar 9 | May 25 | Apr 14 | Apr 21 | Jul 7 | May 27 | Jun 3 | Aug 19 |
| Jan 20 | Jan 27 | Apr 13 | Mar 3 | Mar 10 | May 26 | Apr 15 | Apr 22 | Jul 8 | May 28 | Jun 4 | Aug 20 |
| Jan 21 | Jan 28 | Apr 14 | Mar 4 | Mar 11 | May 27 | Apr 16 | Apr 23 | Jul 9 | May 29 | Jun 5 | Aug 21 |
| Jan 22 | Jan 29 | Apr 15 | Mar 5 | Mar 12 | May 28 | Apr 17 | Apr 24 | Jul 10 | May 30 | Jun 6 | Aug 22 |
| Jan 23 | Jan 30 | Apr 16 | Mar 6 | Mar 13 | May 29 | Apr 18 | Apr 25 | Jul 11 | May 31 | Jun 7 | Aug 23 |
| Jan 24 | Jan 31 | Apr 17 | Mar 7 | Mar 14 | May 30 | Apr 19 | Apr 26 | Jul 12 | Jun 1 | Jun 8 | Aug 24 |
| Jan 25 | Feb 1 | Apr 18 | Mar 8 | Mar 15 | May 31 | Apr 20 | Apr 27 | Jul 13 | Jun 2 | Jun 9 | Aug 25 |
| Jan 26 | Feb 2 | Apr 19 | Mar 9 | Mar 16 | Jun 1 | Apr 21 | Apr 28 | Jul 14 | Jun 3 | Jun 10 | Aug 26 |
| Jan 27 | Feb 3 | Apr 20 | Mar 10 | Mar 17 | Jun 2 | Apr 22 | Apr 29 | Jul 15 | Jun 4 | Jun 11 | Aug 27 |
| Jan 28 | Feb 4 | Apr 21 | Mar 11 | Mar 18 | Jun 3 | Apr 23 | Apr 30 | Jul 16 | Jun 5 | Jun 12 | Aug 28 |
| Jan 29 | Feb 5 | Apr 22 | Mar 12 | Mar 19 | Jun 4 | Apr 24 | May 1 | Jul 17 | Jun 6 | Jun 13 | Aug 29 |
| Jan 30 | Feb 6 | Apr 23 | Mar 13 | Mar 20 | Jun 5 | Apr 25 | May 2 | Jul 18 | Jun 7 | Jun 14 | Aug 30 |
| Jan 31 | Feb 7 | Apr 24 | Mar 14 | Mar 21 | Jun 6 | Apr 26 | May 3 | Jul 19 | Jun 8 | Jun 15 | Aug 31 |
| Feb 1 | Feb 8 | Apr 25 | Mar 15 | Mar 22 | Jun 7 | Apr 27 | May 4 | Jul 20 | Jun 9 | Jun 16 | Sep 1 |
| Feb 2 | Feb 9 | Apr 26 | Mar 16 | Mar 23 | Jun 8 | Apr 28 | May 5 | Jul 21 | Jun 10 | Jun 17 | Sep 2 |
| Feb 3 | Feb 10 | Apr 27 | Mar 17 | Mar 24 | Jun 9 | Apr 29 | May 6 | Jul 22 | Jun 11 | Jun 18 | Sep 3 |
| Feb 4 | Feb 11 | Apr 28 | Mar 18 | Mar 25 | Jun 10 | Apr 30 | May 7 | Jul 23 | Jun 12 | Jun 19 | Sep 4 |
| Feb 5 | Feb 12 | Apr 29 | Mar 19 | Mar 26 | Jun 11 | May 1 | May 8 | Jul 24 | Jun 13 | Jun 20 | Sep 5 |
| Feb 6 | Feb 13 | Apr 30 | Mar 20 | Mar 27 | Jun 12 | May 2 | May 9 | Jul 25 | Jun 14 | Jun 21 | Sep 6 |
| Feb 7 | Feb 14 | May 1 | Mar 21 | Mar 28 | Jun 13 | May 3 | May 10 | Jul 26 | Jun 15 | Jun 22 | Sep 7 |
| Feb 8 | Feb 15 | May 2 | Mar 22 | Mar 29 | Jun 14 | May 4 | May 11 | Jul 27 | Jun 16 | Jun 23 | Sep 8 |
| Feb 9 | Feb 16 | May 3 | Mar 23 | Mar 30 | Jun 15 | May 5 | May 12 | Jul 28 | Jun 17 | Jun 24 | Sep 9 |
| Feb 10 | Feb 17 | May 4 | Mar 24 | Mar 31 | Jun 16 | May 6 | May 13 | Jul 29 | Jun 18 | Jun 25 | Sep 10 |
| Feb 11 | Feb 18 | May 5 | Mar 25 | Apr 1 | Jun 17 | May 7 | May 14 | Jul 30 | Jun 19 | Jun 26 | Sep 11 |
| Feb 12 | Feb 19 | May 6 | Mar 26 | Apr 2 | Jun 18 | May 8 | May 15 | Jul 31 | Jun 20 | Jun 27 | Sep 12 |

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BMOPEC-0132-20 September 2020

| Schedule visit | | |
|----------------|--------|--------|
| Delivery | From | To |
| Jun 21 | Jun 28 | Sep 13 |
| Jun 22 | Jun 29 | Sep 14 |
| Jun 23 | Jun 30 | Sep 15 |
| Jun 24 | Jul 1 | Sep 16 |
| Jun 25 | Jul 2 | Sep 17 |
| Jun 26 | Jul 3 | Sep 18 |
| Jun 27 | Jul 4 | Sep 19 |
| Jun 28 | Jul 5 | Sep 20 |
| Jun 29 | Jul 6 | Sep 21 |
| Jun 30 | Jul 7 | Sep 22 |
| Jul 1 | Jul 8 | Sep 23 |
| Jul 2 | Jul 9 | Sep 24 |
| Jul 3 | Jul 10 | Sep 25 |
| Jul 4 | Jul 11 | Sep 26 |
| Jul 5 | Jul 12 | Sep 27 |
| Jul 6 | Jul 13 | Sep 28 |
| Jul 7 | Jul 14 | Sep 29 |
| Jul 8 | Jul 15 | Sep 30 |
| Jul 9 | Jul 16 | Oct 1 |
| Jul 10 | Jul 17 | Oct 2 |
| Jul 11 | Jul 18 | Oct 3 |
| Jul 12 | Jul 19 | Oct 4 |
| Jul 13 | Jul 20 | Oct 5 |
| Jul 14 | Jul 21 | Oct 6 |
| Jul 15 | Jul 22 | Oct 7 |
| Jul 16 | Jul 23 | Oct 8 |
| Jul 17 | Jul 24 | Oct 9 |
| Jul 18 | Jul 25 | Oct 10 |
| Jul 19 | Jul 26 | Oct 11 |
| Jul 20 | Jul 27 | Oct 12 |
| Jul 21 | Jul 28 | Oct 13 |
| Jul 22 | Jul 29 | Oct 14 |
| Jul 23 | Jul 30 | Oct 15 |
| Jul 24 | Jul 31 | Oct 16 |
| Jul 25 | Aug 1 | Oct 17 |
| Jul 26 | Aug 2 | Oct 18 |
| Jul 27 | Aug 3 | Oct 19 |
| Jul 28 | Aug 4 | Oct 20 |
| Jul 29 | Aug 5 | Oct 21 |
| Jul 30 | Aug 6 | Oct 22 |
| Jul 31 | Aug 7 | Oct 23 |
| Aug 1 | Aug 8 | Oct 24 |
| Aug 2 | Aug 9 | Oct 25 |
| Aug 3 | Aug 10 | Oct 26 |
| Aug 4 | Aug 11 | Oct 27 |
| Aug 5 | Aug 12 | Oct 28 |
| Aug 6 | Aug 13 | Oct 29 |
| Aug 7 | Aug 14 | Oct 30 |
| Aug 8 | Aug 15 | Oct 31 |
| Aug 9 | Aug 16 | Nov 1 |

| Schedule visit | | |
|----------------|--------|--------|
| Delivery | From | To |
| Aug 10 | Aug 17 | Nov 2 |
| Aug 11 | Aug 18 | Nov 3 |
| Aug 12 | Aug 19 | Nov 4 |
| Aug 13 | Aug 20 | Nov 5 |
| Aug 14 | Aug 21 | Nov 6 |
| Aug 15 | Aug 22 | Nov 7 |
| Aug 16 | Aug 23 | Nov 8 |
| Aug 17 | Aug 24 | Nov 9 |
| Aug 18 | Aug 25 | Nov 10 |
| Aug 19 | Aug 26 | Nov 11 |
| Aug 20 | Aug 27 | Nov 12 |
| Aug 21 | Aug 28 | Nov 13 |
| Aug 22 | Aug 29 | Nov 14 |
| Aug 23 | Aug 30 | Nov 15 |
| Aug 24 | Aug 31 | Nov 16 |
| Aug 25 | Sep 1 | Nov 17 |
| Aug 26 | Sep 2 | Nov 18 |
| Aug 27 | Sep 3 | Nov 19 |
| Aug 28 | Sep 4 | Nov 20 |
| Aug 29 | Sep 5 | Nov 21 |
| Aug 30 | Sep 6 | Nov 22 |
| Aug 31 | Sep 7 | Nov 23 |
| Sep 1 | Sep 8 | Nov 24 |
| Sep 2 | Sep 9 | Nov 25 |
| Sep 3 | Sep 10 | Nov 26 |
| Sep 4 | Sep 11 | Nov 27 |
| Sep 5 | Sep 12 | Nov 28 |
| Sep 6 | Sep 13 | Nov 29 |
| Sep 7 | Sep 14 | Nov 30 |
| Sep 8 | Sep 15 | Dec 1 |
| Sep 9 | Sep 16 | Dec 2 |
| Sep 10 | Sep 17 | Dec 3 |
| Sep 11 | Sep 18 | Dec 4 |
| Sep 12 | Sep 19 | Dec 5 |
| Sep 13 | Sep 20 | Dec 6 |
| Sep 14 | Sep 21 | Dec 7 |
| Sep 15 | Sep 22 | Dec 8 |
| Sep 16 | Sep 23 | Dec 9 |
| Sep 17 | Sep 24 | Dec 10 |
| Sep 18 | Sep 25 | Dec 11 |
| Sep 19 | Sep 26 | Dec 12 |
| Sep 20 | Sep 27 | Dec 13 |
| Sep 21 | Sep 28 | Dec 14 |
| Sep 22 | Sep 29 | Dec 15 |
| Sep 23 | Sep 30 | Dec 16 |
| Sep 24 | Oct 1 | Dec 17 |
| Sep 25 | Oct 2 | Dec 18 |
| Sep 26 | Oct 3 | Dec 19 |
| Sep 27 | Oct 4 | Dec 20 |
| Sep 28 | Oct 5 | Dec 21 |

| Schedule visit | | |
|----------------|--------|--------|
| Delivery | From | To |
| Sep 29 | Oct 6 | Dec 22 |
| Sep 30 | Oct 7 | Dec 23 |
| Oct 1 | Oct 8 | Dec 24 |
| Oct 2 | Oct 9 | Dec 25 |
| Oct 3 | Oct 10 | Dec 26 |
| Oct 4 | Oct 11 | Dec 27 |
| Oct 5 | Oct 12 | Dec 28 |
| Oct 6 | Oct 13 | Dec 29 |
| Oct 7 | Oct 14 | Dec 30 |
| Oct 8 | Oct 15 | Dec 31 |
| Oct 9 | Oct 16 | Jan 1 |
| Oct 10 | Oct 17 | Jan 2 |
| Oct 11 | Oct 18 | Jan 3 |
| Oct 12 | Oct 19 | Jan 4 |
| Oct 13 | Oct 20 | Jan 5 |
| Oct 14 | Oct 21 | Jan 6 |
| Oct 15 | Oct 22 | Jan 7 |
| Oct 16 | Oct 23 | Jan 8 |
| Oct 17 | Oct 24 | Jan 9 |
| Oct 18 | Oct 25 | Jan 10 |
| Oct 19 | Oct 26 | Jan 11 |
| Oct 20 | Oct 27 | Jan 12 |
| Oct 21 | Oct 28 | Jan 13 |
| Oct 22 | Oct 29 | Jan 14 |
| Oct 23 | Oct 30 | Jan 15 |
| Oct 24 | Oct 31 | Jan 16 |
| Oct 25 | Nov 1 | Jan 17 |
| Oct 26 | Nov 2 | Jan 18 |
| Oct 27 | Nov 3 | Jan 19 |
| Oct 28 | Nov 4 | Jan 20 |
| Oct 29 | Nov 5 | Jan 21 |
| Oct 30 | Nov 6 | Jan 22 |
| Oct 31 | Nov 7 | Jan 23 |
| Nov 1 | Nov 8 | Jan 24 |
| Nov 2 | Nov 9 | Jan 25 |
| Nov 3 | Nov 10 | Jan 26 |
| Nov 4 | Nov 11 | Jan 27 |
| Nov 5 | Nov 12 | Jan 28 |
| Nov 6 | Nov 13 | Jan 29 |
| Nov 7 | Nov 14 | Jan 30 |
| Nov 8 | Nov 15 | Jan 31 |
| Nov 9 | Nov 16 | Feb 1 |
| Nov 10 | Nov 17 | Feb 2 |
| Nov 11 | Nov 18 | Feb 3 |
| Nov 12 | Nov 19 | Feb 4 |
| Nov 13 | Nov 20 | Feb 5 |
| Nov 14 | Nov 21 | Feb 6 |
| Nov 15 | Nov 22 | Feb 7 |
| Nov 16 | Nov 23 | Feb 8 |
| Nov 17 | Nov 24 | Feb 9 |

| Schedule visit | | |
|----------------|--------|--------|
| Delivery | From | To |
| Nov 18 | Nov 25 | Feb 10 |
| Nov 19 | Nov 26 | Feb 11 |
| Nov 20 | Nov 27 | Feb 12 |
| Nov 21 | Nov 28 | Feb 13 |
| Nov 22 | Nov 29 | Feb 14 |
| Nov 23 | Nov 30 | Feb 15 |
| Nov 24 | Dec 1 | Feb 16 |
| Nov 25 | Dec 2 | Feb 17 |
| Nov 26 | Dec 3 | Feb 18 |
| Nov 27 | Dec 4 | Feb 19 |
| Nov 28 | Dec 5 | Feb 20 |
| Nov 29 | Dec 6 | Feb 21 |
| Nov 30 | Dec 7 | Feb 22 |
| Dec 1 | Dec 8 | Feb 23 |
| Dec 2 | Dec 9 | Feb 24 |
| Dec 3 | Dec 10 | Feb 25 |
| Dec 4 | Dec 11 | Feb 26 |
| Dec 5 | Dec 12 | Feb 27 |
| Dec 6 | Dec 13 | Feb 28 |
| Dec 7 | Dec 14 | Mar 1 |
| Dec 8 | Dec 15 | Mar 2 |
| Dec 9 | Dec 16 | Mar 3 |
| Dec 10 | Dec 17 | Mar 4 |
| Dec 11 | Dec 18 | Mar 5 |
| Dec 12 | Dec 19 | Mar 6 |
| Dec 13 | Dec 20 | Mar 7 |
| Dec 14 | Dec 21 | Mar 8 |
| Dec 15 | Dec 22 | Mar 9 |
| Dec 16 | Dec 23 | Mar 10 |
| Dec 17 | Dec 24 | Mar 11 |
| Dec 18 | Dec 25 | Mar 12 |
| Dec 19 | Dec 26 | Mar 13 |
| Dec 20 | Dec 27 | Mar 14 |
| Dec 21 | Dec 28 | Mar 15 |
| Dec 22 | Dec 29 | Mar 16 |
| Dec 23 | Dec 30 | Mar 17 |
| Dec 24 | Dec 31 | Mar 18 |
| Dec 25 | Jan 1 | Mar 19 |
| Dec 26 | Jan 2 | Mar 20 |
| Dec 27 | Jan 3 | Mar 21 |
| Dec 28 | Jan 4 | Mar 22 |
| Dec 29 | Jan 5 | Mar 23 |
| Dec 30 | Jan 6 | Mar 24 |
| Dec 31 | Jan 7 | Mar 25 |