

Health-related social needs overview

Partnering with GroundGame Health network

Contents

- Our commitment to health-related social needs (HRSN):
 - Outcomes
 - Impact and prevalence
- Addressing HRSN in primary care:
 - GroundGame Health™* (GGH) partnership
 - Collective impact
 - How to identify gaps
- Partnership with Healthy Blue:
 - Program value
 - Referrals and Z-codes
 - Provider Care Management Solutions (PCMS)
- Next steps and resources



What are health-related social needs (HRSN)?

Healthy Blue is committed to the needs of our members, your patients, and requests your partnership in identifying and referring patients to GGH to address HRSN.

Customers and members are increasingly demanding that payers address HRSN.

Unmet social needs, such as unstable housing, food insecurity, and lack of reliable transportation, exacerbate poor health and quality-of-life outcomes. We will use this term going forward in lieu of social determinants of health (SDOH).



Food



Transportation



Housing



Employment



Community safety

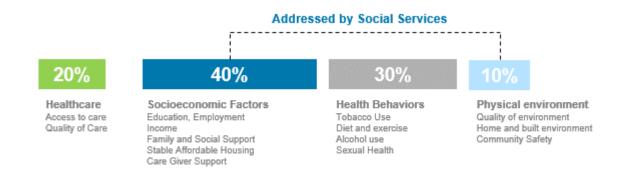


Social Support

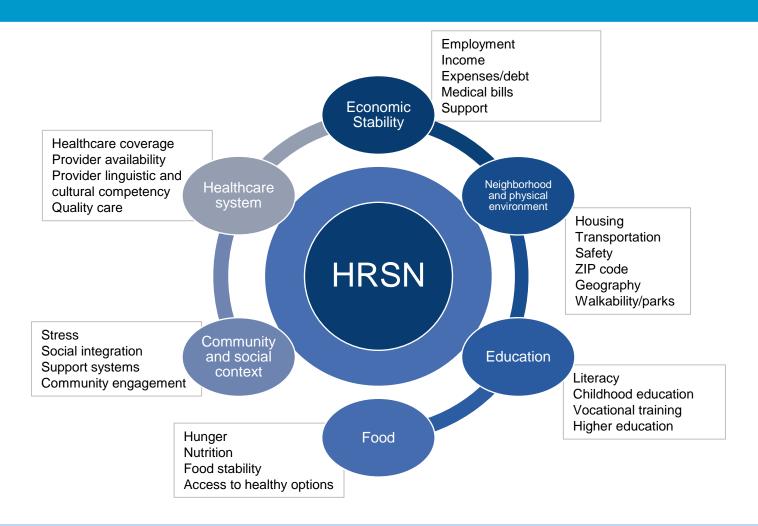
Impact and prevalence

Many factors impact a person's health:

- Half of health outcomes can be explained by socio-economic factors and physical environment factors, and another 30% by health behaviors.
- Social factors cannot be solved by the medical sector alone.



HRSN key factors



Initiative with GGH network

- Beginning [insert date], providers participating in one of our qualifying valuebased programs will have the ability to refer Healthy Blue members with suspected HRSN needs to GGH.
- Provider can refer any Healthy Blue member suspected to have an HRSN need.
- Provider will be kept informed of member engagement with GGH via Provider Care Management Solutions (PCMS).
- GGH will also work directly with the referring provider when medical needs are identified.
- Resources to address social barriers will allow providers to focus on clinical care plans with their patients, while still addressing HRSN.
- Addressing patients' social barriers supports reduction of unnecessary inpatient and ER utilization, positively impacting total cost of care, and improving outcomes and overall health.

Collective impact – value and benefit to closing HRSN gaps

Patient

- Improves quality of health, life, and well-being
- Decreases costs from acute care utilization
- Increases patient engagement and satisfaction
- Engages caregiver support

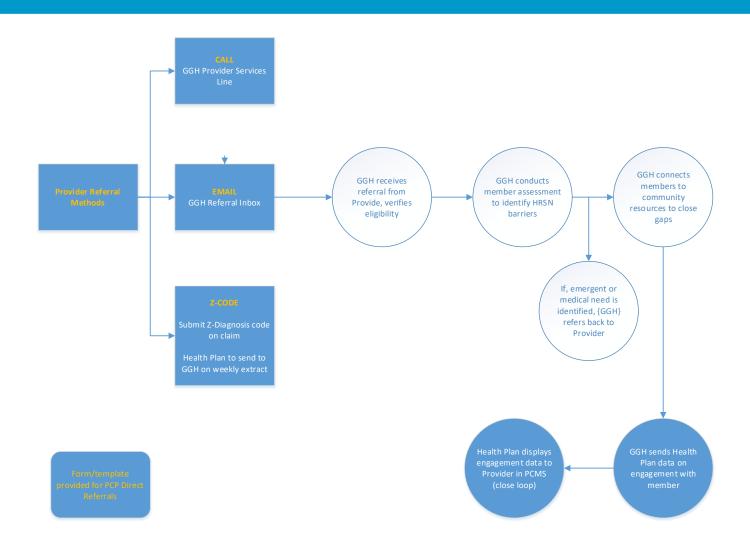
Provider

- Enhances access to services that accommodate the patient's needs
- Patient management that promotes quality outcomes
- Opportunity to help manage the total cost of care
- Increases efficiency of provider to patient face-toface time

Payer

- Healthy members
- · Reduces cost of care
- Supports high performing provider network
- Provides another avenue for payor to connect with members
- Assists with member concerns

High level process for HRSN provider referrals to GGH



Use of Z-diagnosis codes

What are Z-diagnosis codes?

- Z-diagnosis codes are ICD-10 CM codes that identify persons with potential health hazards related to socioeconomic and psychosocial circumstances.
- Z-codes allow providers to capture social factors such as food, housing, transportation, education, and employment on a patient's claim.

Using Z-diagnosis codes as referral to GGH:

- Z-diagnosis codes can be used as a referral mechanism to GGH.
- Healthy Blue will send GGH weekly extracts containing Z-codes submitted by providers on claims.
- GGH will use this extract to identify patients with suspected HRSN disparities, conduct outreach, and schedule face-to-face assessments.

Use of Z-codes (cont.)

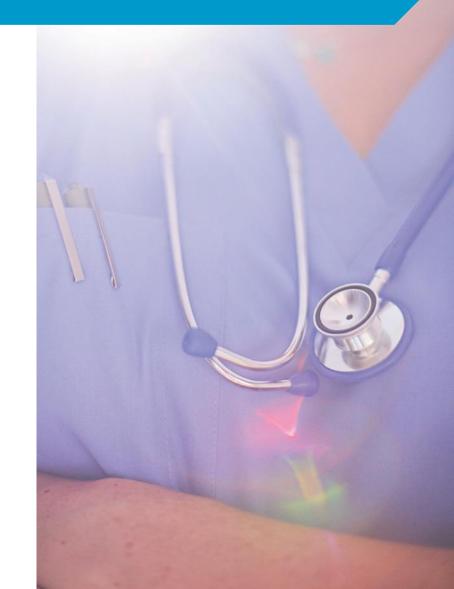
Commonly used HRSN Z-diagnosis code categories

ICD-10 CM codes included in categories Z55 to Z65 identify persons with potential socioeconomic and psychosocial circumstances and can be submitted to Healthy Blue on claims:

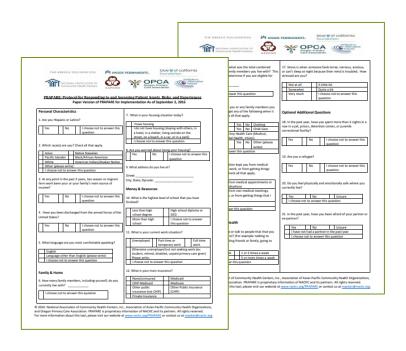
- Z55 problems related to education and literacy
- Z56 problems related to employment and unemployment
- Z57 occupational exposure to risk factors
- Z59 problems related to housing and economic circumstances
- Z60 problems related to social environment
- Z62 problems related to upbringing
- Z63 other problems related to primary support group, including family circumstances
- Z64 problems related to certain psychosocial circumstances
- Z65 problems related to other psychosocial circumstances

How to identify HRSN gaps

- While engaging with a patient, ensure questions are asked regarding overall health and wellbeing (for example, housing stability, access to food, social situation, etc.).
- There are several screening tools that providers can use to drive these conversations with patients.



Example tools



http://www.nachc.org/wp-content/uploads/2018/05/PRAPARE One Pager Sept 2016.pdf



http://www.nachc.org/wp-content/uploads/2018/05/PRAPARE One Pager Sept 2016.pdf

Common HRSN social issues and impacts

Common HRSN social issues

Living environment

Transportation

Food insecurity

Financial issues

Social isolation

HRSN barriers may impact

Ability to make appointments

Medication adherence

Overwhelmed caregivers

High ER utilization

HRSN program associated costs

- GGH bills Healthy Blue directly based on the length of engagement with a patient.
- There is no fee to the referring provider or patients for engaging with GGH.
- When working to address HRSN gaps, patients are connected with low and/or no-cost community resources.
- Successful closure of HRSN barriers contributes to a lower cost of care by reducing unnecessary inpatient and ER utilization.



HRSN program associated costs (cont.)

GGH is setup as a provider in our system:

- GGH can only bill four CPT® codes (99401 to 99404) if covered by the state.
- The service codes are not a measure of intensity or number of gaps, but rather an indication of the length of engagement.
- GGH can only bill a series of codes one time per year per member. This means they are expected to work with the member to close all of their HRSN gaps (whether it's just one or five) within the single billing cycle.

GGH network success stories

 From care coordinator: "I just wanted to share some really great news from a client — that honestly made me tear up, since it seems good news has been hard to come by lately. My Level 2 client just called me to let me know that he received a letter from the hospital regarding the financial assistance application we submitted. They are covering his medical expenses 100%!!!!! He had been unemployed for the winter due to his seasonal line of work, then suffered a third stroke and thought he was not going to be able to go back to work. Member reported that he is well enough now that he is working! His line of work is considered essential, so he will finally have a paycheck coming in!! This was my final phone call with him, and I couldn't be happier that it all resolved as well as it did "



GGH network success stories (cont.)

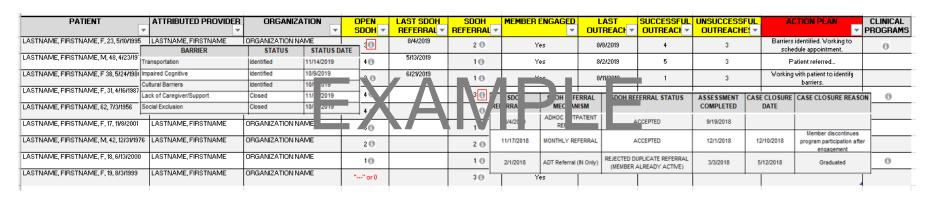
- "Provided member with information about local cancer support groups for member and spouse. Also, provided general information about the local cancer community support and a local resource guide."
- "Provided member with information about local depression support groups and resources for substance abuse and depression."
- "Care coordinator had a member who was on a C-PAP machine and had difficulty getting his supplies. Member only had enough for a few days and the care coordinator was able to call the medical company and have supplies expedited to his home before he ran out and ended up the hospital. Care coordinator expedited the member's medical appointment for his sleep study to ensure meds would not run out after he had been scheduled in late May. They scheduled him in May with only two weeks left of medication. To me, this is a success because most patients are unable to advocate for themselves and are unsure of who/what to say. The care coordinator believes the intervention prevented a hospitalization."

GGH network success stories (cont.)

- "57 year old member diagnosed with ESRD, dialysis. The member is out of work with highly engaged spouse trying to fit all the pieces together of a changed life. Member's biggest concern is losing their home as they have not been able to keep up with the mortgage. Care coordinator worked with member on supplementing lack of income, maximizing money stream to prevent foreclosure, completed forms for mortgage assistance. Home Safe application was approved and member is able to keep his home. Therefore, member was able to focus more on health and began walking with his spouse, four miles, three days a week."
- "Member was overwhelmed and had no idea of where to start on the road to retirement. Care coordinator talked at length about Medicare and the Missouri SHIP known as CLAIM. And, when he expressed concern about being bored, Sue was able to share information about the local senior center that provides activities, adult education classes, etc."

Patient engagement information in PCMS

Healthy Blue has built an HRSN report in PCMS to reflect the data received from GGH. Providers can view HRSN gaps identified, action plan, communication efforts, etc.



Sample report data will be covered in PCMS training and included in Provider PCMS User Guide.

Next steps

- Providers to identify and adopt assessment tools to ask patients about their HRSN needs.
- Beginning [date], refer patients to GGH to assist the patient in addressing HRSN barriers.
- Utilize new HRSN reporting available in PCMS.
- Contact your Care Delivery Transformation lead with any questions about the program.

For further information on GGH, please contact PCHP:

- Via email: Physicianreferral@preferredchp.com
- Via phone: 866-739-6323
- Via website: https://groundgame.health/.

Resources

Protocol for Responding to and Assessing Patients' Assets, Risks and Experiences (PREPARE): a national effort to help health providers collect the data needed to better understand and act on their patients' SDOH.

http://www.nachc.org/researchand-data/prapare

Standard Screening Tool

PRAPARE: Protocol for Responding to and Assessing Patients' Assets, Risks, and Experiences

Personal Characteristics														
Are you Hispanic or Latino?						Are you worried about losing your housing?								
П	Yes	П	No	т	I choose not to answer this	ΙГ	Yes	N	0	П	I choose no	ot to	answer th	
				1	question	Ш				Ш	question			
						١-								
2.	Which ra	ce(s) are y	ou?	Check all that apply	9.	What ad Street:		do you	u liv	e at?			
	Asian	Asian Native Hawaiian							code:	=			_	
	Pacific Isl	ific Islander Black/African American				l								
	White			Am	erican Indian/Alaskan Native	M	loney & Re	sourc	es					
П	Other (pl	ther (please write):				10). What is t	he hig	hest le	evel	of school ti	hat	you	
	I choose not to answer this question						have finis	shed?						
_						l_				_				
3.	At any po	oint	in the	past	2 years, has season or	П	Less than	high			High school	ol di	ploma or	
	migrant farm work been your or your family's				ΙL	school degree				GED				
	main source of income?			More than high				I choose not to answer						
						ш	school				this questi	ion		
П	Yes	П	No	т	I choose not to answer this	1-	•							
ш		П	l	1	question	11	. What is y	our cu	rrent	wo	rk situation	?		
_		_	•											
4.	Have you	ı be	en disc	harg	ed from the armed forces of	ΙГ	Unemplo	yed	Par	t-ti	me or	П	Full-time	
	the United States?				ш	temporary wo				rary work		work		
						I٢	Otherwise	e uner			out not seek	ing	work (ex:	
П	Yes	П	No	т	I choose not to answer this	ш	student, r	etired	disal	bled	, unpaid pri	imar	ry care give	
ш		П		1	question	Ш	Please wr		,		,,		,	
		_		_	4	ᅡ	I choose r	not to	answe	er th	his question			
5.	What lan	eus	ge are	vou	most comfortable speaking?	ı۰								
						111	2. What is y	our m	ain in	turs	ance?			
En	mily & Ho	m				1 **	c. what is y	out in	am m.	our e	ance:			
How many family members, including yourself, do						lг	None/uninsured				Medicaid			
you currently live with?						I٢	CHIP Medicaid			\vdash	Medicare			
, o a content, are man.						Iト				⊢				
I choose not to answer this question						Other public insurance (not CHIP)			ı	Other Public Insurance (CHIP)				
ı	I choose not to answer this question						Private Insurance				(CHIP)			
	_					Ι∟	Private in	suran	ce	_		_		
_														
	Whaties		houri			13. During the past year, what was the total combined								
7.	What is y			ng si	tuation today?	l **	income for you and the family members you live							
7.	I have h	ous	ing			**		or you						
7.	I have h	ous	ing ve hou:	sing	staying with others, in	*	with? Th	or you is info			family mem will help us o			
7.	I have h	ous	ing ve hou:	sing		1.5	with? Th are eligib	or you is info le for						
7.	I have h I do not a hotel,	han	ing ve hou: shelte	sing er, liv	staying with others, in	1.3	with? Th	or you is info le for						
7.	I have h I do not a hotel, street, o	han in a	ing ve hou: shelte beach	sing er, liv	staying with others, in ing outside on the	13	with? Th are eligib	or you is info le for						
7.	I have h I do not a hotel, street, o	han in a	ing ve hou: shelte beach	sing er, liv	(staying with others, in ing outside on the car, or in a park)	13	with? Th are eligib any bene	or you is info le for fits.	rmati	on v	will help us	dete	ermine if yo	
7.	I have h I do not a hotel, street, o	han in a	ing ve hou: shelte beach	sing er, liv	(staying with others, in ing outside on the car, or in a park)	13	with? Th are eligib any bene	or you is info le for fits.	rmati	on v		dete	ermine if yo	

Resources (cont.)

- HealthyPeople 2020 HRSN: offers an overview, objectives, interventions and resources to addressing the needs of this vulnerable population https://www.healthypeople.gov/2020/topics-objectives/topic/social-determinants-of-health
- Patient Centered Primary Care Institute HRSN: tools and resources; provides links to tools and resources gathered by the Oregon Primary Care Association to address HRSN in clinical practices http://www.pcpci.org/social-determinants-health-tools-resources



* GroundGame Health is an independent company providing health-related social needs services on behalf of Healthy Blue.

https://provider.healthybluemo.com

Healthy Blue is a Medicaid product offered by Missouri Care, Inc., a MO HealthNet Managed Care health plan contracting with the Missouri Department of Social Services. Healthy Blue is administered statewide by Missouri Care, Inc. and administered in the Kansas City service region by Missouri Care, Inc. in cooperation with Blue Cross and Blue Shield of Kansas City. Missouri Care, Inc. and Blue Cross and Blue Shield of Kansas City are both independent licensees of the Blue Cross and Blue Shield Association.

BMOPEC-0692-21 August 2021